

Supplementary material of 'Ethnobotanical knowledge of plant species of the North-East of Morocco, with three provinces as a case study: Al Hoceima, Nador, and Jerada', by Fatima-Zahra Mir et al. <https://doi.org/10.5209/mbot.92314>

Appendix S1. Survey Form used in the ethnobotanical study.

<h2>Survey Form</h2>
Province: .....
<b>Section A: Sociodemographic Information</b>
1. Gender:
o Male <input type="checkbox"/>
o Female <input type="checkbox"/>
2. Age Group:
o 15-30 Years <input type="checkbox"/>
o 35-50 Years <input type="checkbox"/>
o 55-70 Years <input type="checkbox"/>
o >70 Years <input type="checkbox"/>
3. Education Level:
o Educated <input type="checkbox"/>
o Not Educated <input type="checkbox"/>
<b>Section B: Ethnobotanical knowledge</b>
1. Plant Species: .....
2. Vernacular Names: .....
3. Usage category:
o Medicinal <input type="checkbox"/>
o Non-medicinal <input type="checkbox"/>
4. Species uses: [Please provide more details]
.....
5. Describe the mode of preparation and administration of the plant:
.....
6. Which parts of the plants are used?
.....
<b>Section C: Additional Questions</b>
1. Plant knowledge:
Do You have any specific knowledge regarding the traditional uses of plants?
o Yes <input type="checkbox"/>
o No <input type="checkbox"/>
2. Personal Use:
Do you use these plants in your daily life?
o Yes <input type="checkbox"/>
o No <input type="checkbox"/>
3. Preference:
Which do you prefer, modern or traditional medicine?
o Modern <input type="checkbox"/>
o Traditional <input type="checkbox"/>
4. Other plants:
Are there any other plants you have information about? If so, for what purposes?
.....

Appendix S2. Taxa recorded in three provinces of Northeastern region of Morocco, along with their vernacular names, part of plant used (P.P), mode of preparation (M.P), mode of administration (M.A), other uses (O.U), treated diseases (T.D), use-report (UR) and report frequency (RF). Abbreviations are: \*Vernacular name recorded for the first time, 1. Kahouadji, 1995; 2. Bellakhdar, 1997; 3. El-Hilaly et al., 2003; 4. Fennane and Rejdali, 2016; 5. Teixidor-Toneu et al., 2016; 6. Barkaoui et al., 2017; 7. Ajjoun et al., 2021; 8. Merrouni and Elachouri, 2021; [C]: Cultivated; [S]: Spontaneous; [I]: Introduced; [CI]: Cultivated/Introduced; [SC]: Spontaneous/Cultivated.

Family	Scientific name (Voucher number)	Vernacular names	P.P	M.P / M.A	O.U	T.D	UR	RF
Amaranthaceae	<i>Anabasis aretioides</i> Moq. & Coss. ex Bunge (=Fredolia <i>aretioides</i> (Moq. & Coss. ex Bunge) Ulbr.) [S] (MP-Amara-001 J) <sup>1,8</sup>	Kannouda*, كنودة	Whole plant	Decoction / Oral		Bowels movement (D18)	81	96
						Children's diseases (A29)	36	
						Common cold (R29)	12	
Amaranthaceae	<i>Atriplex halimus</i> L. [S] (MP-Amara-002 JH) <sup>2,4,8</sup>	L-getaf, لحطف Aramas, أرماس ◦○◻◦○ Driwid*, دريويد ΛΟΞΛΞΛ Tsmkht*, تسمخت †○□κ† L-Hetba, الحطبة	Whole plant		Fodder			40
Amaranthaceae	<i>Beta vulgaris</i> L. [C] (MP-Amara-003 JHN)	Barba, باربا Betterave, بطراف	Roots	Consumption / Oral	Edible Use to make the lips redder	Anemia (B78)	215	316
						Blood toxins (B04)	27	
Amaranthaceae	<i>Dysphania ambrosioides</i> (L.) Mosyakin & Clemants [S] (MP-Amara-004 JH)	L-Mkhinza, المخينزة	Whole plant	Decoction , infusion / Cataplasm, oral		Common cold (R29)	100	164
						Fever (A03)	39	
						Headache (N01)	69	
						Migraine (N89)	44	
						Sunburns (S80)	91	
Typhoid (D70)	87							
Amaranthaceae	<i>Haloxylon scoparium</i> Pomel [S]	Rrmet, الرمت Thassyth*, ثاسيث X◦○◻◦X	Whole plant	Decoction / Cataplasm, oral	Eaten by livestock	Common cold (R29)	52	86
						Poison (A86)	29	

	(MP-Amara-005 JH) <sup>1,2,8</sup>					Snake stings (S12)	47	
Amaranthaceae	<i>Spinacia oleracea</i> L. [C] (MP-Amara-006 JH) <sup>2,7</sup>	Sirkane*, سيركان ⊙ξΟΚ.α Es-Selk, السلك Imzoua*, إمزوا ξξЖΠ.ο	Leaves	Cooked / Oral	Edible	Heart pain (K01)	41	162
						Stomachache (D01)	63	
Amaryllidaceae	<i>Allium ampeloprasum</i> var. <i>porrum</i> L. [C] (MP-Amary-001 JHN) <sup>1,2</sup>	Thabsetch*, ثابستش, X.ο⊙⊙+⊕ L-bssel, لبصل L-poro, البورو	Bulbs	Soaked / External use	Edible	Hair care (S24)	15	112
Amaryllidaceae	<i>Allium cepa</i> L. [C] (MP-Amary-002 JHN)	L-Bessla, البصلة L-Bessla l-Hemrra, البصلة الحمرا Azalim, أزليم. *⊕ξξ	Bulbs, seeds	Grind, friction, juice, soaked / Oral, cataplasm, external use, ear drops	Edible Heals sick chickens	Anti-infectious wounds (S18)	48	236
						Cough (R05)	56	
						Earache (H01)	70	
						Fever (A03)	41	
						Hair care (S24)	49	
						Hair loss (S23)	91	
						Headache (N01)	80	
						Infectious disease (A78)	62	
						Skin infection (S11)	44	
						Tonsilitis acute (R76)	31	
Weight loss (T08)	60							
Amaryllidaceae	<i>Allium sativum</i> L. [C] (MP-Amary-003 JHN) <sup>1,2,3,6,7,8</sup>	Et-Thoûm, الثوم Dichat *, ذيشات Ξξ⊕.⊕ Thichat, ثيشات Xξ⊕.⊕	Bulbs	Friction, consumption / External use, oral, suppository	Edible	Back pain (L02)	47	160
						Bowels movement (D18)	29	
						Blood pressure (K85)	41	

						Cough (R05)	38	
						Hair loss (S23)	39	
						Hemorrhoid (K96)	19	
						Hypertension (K86)	127	
						Infectious disease (A78)	52	
Anacardiaceae	<i>Pistacia atlantica</i> Desf. [S] (MP-An-001 J) <sup>1,2,3,4,6</sup>	l-betma, البطمه Jodhim *, الجضم (name of the fruit)	Fruits, resins	Chew / Oral	Consumed during the summer period, chewing gum	Bad breath (D20)	58	101
						Dental hygiene (D19)	74	
Anacardiaceae	<i>Pistacia lentiscus</i> L. [S] (MP-An-002 JH)	Dhrou, ضرور Fadis, فاديس 𐤃𐤆𐤀𐤃	Fruits	Fumigation, mixed, boiled / Inhalation, oral, cataplasm	Edible Used by herbalists in fumigations	Acne (S96)	51	210
						General diseases (A29)	51	
						Stomachache (D01)	65	
						Wound (S18)	174	
Anacardiaceae	<i>Searsia pentaphylla</i> (Jacq.) F.A.Barkley ex Moffett (= <i>Rhus pentaphylla</i> (Jacq.) Desf.) [S] (MP-An-003 H)	Tizga, تزكا 𐤃𐤆𐤀𐤃 Azad, آزاد 𐤀𐤃𐤀 Tazadt, تازادت 𐤃𐤆𐤀𐤃𐤀𐤃	Fruits	Powder mixed with honey / Oral		Infertility (W15)	58	75
Apiaceae	<i>Ammi majus</i> L. [S] (MP-API-001 H) <sup>1,2,4</sup>	Tabchnikt * تابشنيقت 𐤃𐤀𐤁𐤃𐤆𐤏𐤕𐤓	Stems		Young stem edible			31
Apiaceae	<i>Ammi visnaga</i> L. [S] (MP-API-002 JHN)	Tbichnikht تبشنيخت 𐤃𐤀𐤁𐤃𐤆𐤏𐤕𐤓 Bachnikha, بشنيخة	Umbels, fruits	Powder / Gargle	Use as a toothpick	Dental hygiene (D19)	89	177
Apiaceae	<i>Ammodaucus leucotrichus</i> Coss. [I]	Kammūn eṣ-ṣōfī الكمون الصوفي	Fruits	Decoction, infusion, powder / Oral, external use	Condiment	Abdominal pain (D01) and Abdominal pain for babies (D01)	49	176

	(MP-API-003 JHN) <sup>1,2,4,7,8</sup>	Sammoune *, سمون ⊙.⊞⊞⊞				Coldness in stomach (D29)	88	
						Coldness (A29)	62	
						Indigestion (D07)	84	
Apiaceae	<i>Ammoides pusilla</i> (Brot.) Breistr. [S] (MP-API-004 JHN)	Nunkha, نونخا	Aerial part of the plant	Decoction, mixed / Oral, external use	Aromatic, condiment, especially used in snail soups	External fever (A03)	49	154
						Internal fever (A03)	26	
Apiaceae	<i>Anethum graveolens</i> L. [I] (MP-API-005 JHN)	Kerwiyâ ‘amya كروية عمية	Fruits, whole plant	Infusion, powder, fumigation / Oral, inhalation	Condiment, against the evil eye	Stomachache for adult (D01) and babies (D01)	55	124
Apiaceae	<i>Apium graveolens</i> L. [C] (MP-API-006 JHN)	āl-krāfs, الكرافس ‘rwq āl-krāfs, عروق الكرافس	Leaves, stems	Decoction, compress / Oral, external use	Edible	Bladder complaint (U13)	184	431
						Coldness (A29)	133	
						Rheumatism (L99)	51	
Apiaceae	<i>Apium nodiflorum</i> (L.) [S] (MP-API-007 JH) <sup>1,2</sup>	Ziyata, زياتة Ziyateth *, زياتث ⌘⌘⌘⌘⌘	Leaves, stems		Edible			102
Apiaceae	<i>Carum carvi</i> L. [C] (MP-API-008 JHN)	Karwiyâ كروية	Fruits	Decoction (20 min), grind / Oral	Condiment, used in the Moroccan soup “Harrira”	Abdominal pain (D01)	46	344
						Asthma (R96)	88	
						Bowels movement (D18)	241	
						Swollen abdomen (D21)	39	
Apiaceae	<i>Conium maculatum</i> L. [S] (MP-API-009 J)	Ziyyâta, الزياتة	Seeds	Decoction / Oral		Constipation (D12)	45	45
Apiaceae	<i>Coriandrum sativum</i> L. [C] (MP-API-010 JHN) <sup>1,2,3,7,8</sup>	Qosbar, قسبر, Qezbor, قزبر, Rqebza *, رقيزا ⊙⊞⊞⊞	Whole plant, seeds, leaves, stems	Decoction, consumption, powder, fresh , dry / Oral	Edible, condiment, used in the Moroccan soup “Harrira”	Headache (N01)	77	466
						Menstruation irregular (X07)	64	
						Nervous system diseases (N29)	77	

						Sleep disturbance (P06)	63	
						Stomachache (D01)	183	
						Vertigo (N17)	52	
						Weakness (A04)	36	
Apiaceae	<i>Cuminum cyminum</i> L. [I] (MP-API-011 JHN)	Kemmûn, الكمون	Seeds	Decoction, powder / Oral	Condiment	Stomachache (D01)	229	259
Apiaceae	<i>Daucus carota</i> L. var. <i>sativa</i> L. [C] (MP-API-012 JHN)	Khizou, خيزو Zroudiya, زرودية	Roots, seeds	Consumption, cooked with honey / Oral	Edible	Bladder weakness (U05)	53	141
						Diarrhea (D11)	21	
						Visual disturbance (F05)	98	
Apiaceae	<i>Eryngium triquetrum</i> Vahl. <i>Eryngium tricuspdatum</i> L. <i>Eryngium campestre</i> L. [S] (MP-API-013 JHN) <sup>1,2,4,6</sup>	Rkhachef*, رخشف, OXoCoH El Harach*, الحرش Quoq Es-Shouk, قوق الشوك	Leaves	Infusion / Oral		Bladder complaint (U13)	16	134
						Diuretic (U08)	14	
Apiaceae	<i>Ferula communis</i> L. [S] (MP-API-014 JHN)	Boubal, بوبال Thaggult, ثاجولت XoXX:W+	Inflorescences, gum-resins, young shoots	Fumigation	Edible, fasukh, الفاسوخ (magical use)			167
Apiaceae	<i>Foeniculum vulgare</i> Mill. [C] (MP-API-015 JHN) <sup>1,2,3,4,5,6,7,8</sup>	El-Besbas, البسياس Ar-besbas*, أربسياس oOoOoOo	Bulbs, roots, leaves, stems, seeds	Decoction, infusion, consumption / Oral	Edible, condiment, fodder	Abdominal pain (D01)	86	227
						Blood pressure (K85)	43	
						Bowel movements (D18)	115	
						Constipation (D12)	59	
						Gas (D08)	95	
Apiaceae	<i>Foeniculum vulgare</i> Mill.	Ssemâr, سمار En-nafe', النافع	Seeds	Infusion / Oral	Condiment	Calm babies and adults (P29)	27	284

	<i>Foeniculum vulgare</i> Mill. subsp. <i>vulgare</i> [C] (MP-Api-016 JHN)					Common cold (R29)	64	
						Cystitis (U71)	43	
						Gas (D08)	68	
						Hormonal disturbance (T99)	25	
						Stomachache (D01)	122	
Apiaceae	<i>Magydaris panacifolia</i> (Vahl.) Lange <i>Magydaris pastinacea</i> (Lam.) Paol [S] (MP-Api-017 H)	Fafra, فافرة Fafra dyal 'am, فافرة ديال عام (One year old Fafra after one year, it dies) Fafra dyal 7 snine, سنين 7 فافرة ديال (Seven year old Fafra don't die)	Whole plant	Only plant aged of one year or seven years, exposed in the sun	Stimulates the milk of cows			78
Apiaceae	<i>Petroselinum crispum</i> (Mill.) Fuss [C] (MP-Api-018 JHN)	Ma'dnous, المعدنوس	Leaves, stems	Decoction, fumigation, compress, dry, fresh / Oral, inhalation, external use	Edible, condiment	Anemia (B78)	91	480
						Headache (N01)	81	
						Kidney lithiasis (U14)	232	
						Miscarriage (W82)	39	
						Torsion of the joints (L20)	63	
Apiaceae	<i>Petroselinum crispum</i> (Mill.) Fuss subsp. <i>crispum</i> [C] (MP-Api-019 H)	Imzzi, إمزي ᄇᄃᄅᄃ	Leaves, stems	Decoction / Oral	Edible, condiment	Kidney problems (U14)	152	223
Apiaceae			Seeds	Infusion / Oral	Condiment	Calm (P29)	36	299

	<i>Pimpinella anisum</i> L. [C] (MP-Api-020 JHN)	Habbat-Hlaoua, حبة حلاوة				Common cold (R29)	102	
						Menopausal complain (X11)	14	
						Gas (D08)	240	
						Hormonal disturbance (T99)	19	
Apiaceae	<i>Ridolfia segetum</i> (L.) Moris [S] (MP-Api-021 H) <sup>1,2,4</sup>	Rbissbas *, ريسباس ⊙⊙⊙⊙⊙⊙	Stems		Edible			81
Apocynaceae	<i>Nerium oleander</i> L. [S] (MP-Apo-001 JHN) <sup>1,2,3,4,6,7,8</sup>	Ed-defla, الدفلة Tariret *, تاريريت †.⊙⊙⊙† Ariri, أريري ⊙.⊙⊙⊙	Leaves	Fumigation, decoction, mixed with barley flour until it become like a drug tablet / External use, inhalation, oral	Purifies the area Against the evil eye (The plant that grows in a place alone, they bring it and put it on the roof of the house)	Allergy (A92)	129	295
						Contamination (A29)	83	
						Measles (A71)	72	
						Mouth diseases (D83)	77	
						Strengthens the bone (L29)	36	
						Worms (for kids) (D96)	17	
Araceae	<i>Lemna minor</i> L. [S] (MP-Ara-001 J)	Al Khaz, الخز			Useless			8
Arecaceae	<i>Arisarum vulgare</i> O.Targ.Tozz. <i>Arum italicum</i> Mill. <i>Arum maculatum</i> L. [S] (MP-Are-001 H) <sup>1,2,3,4,7</sup>	Yerni, يرني ⋈⊙⊙⊙ Bgûgâ, بجوجا ⊙⋈⋈⊙ Qanouch, قانوش ⋈⊙⊙⋈ Zino'chay *, زينو عشاي ⋈⋈⊙⋈⋈⋈⋈⋈	Tubers	Mixed / Oral	Against magic	Infectious disease (A78)	24	39
Arecaceae	<i>Chamaerops humilis</i> L. [S] (MP-Are-002 J)	Ed-dûm, الدوم	Roots	Decoction / Oral		Renal toxins (U14)	36	48



Arecaceae	<i>Phoenix dactylifera</i> L. [C] (MP-Are-003 JHN) <sup>1,2,7,8</sup>	En-Nekhla, النخلة Thini (dates), ثيني XΞ Ξ Asjattini *, أسجات ثيني ◦⊙I◦XΞ Ξ Tmer, تمر(dates)	Fruits, nuts	Consumption, grind (Used as Kohl) / Oral, external use	Edible Nut added with the meat reduces the cooking time	Eye disease (F29)	48	87
						General health (A29)	9	
						Weakness (A04)	15	
Aristolochiaceae	<i>Aristolochia longa</i> L. <i>Aristolochia baetica</i> L. [S] (MP-Ari-001 JHN) <sup>1,2,3,4,7,8</sup>	Bereztem, برزطم Anaffar *, أنفار ◦◦H◦H◦O	Roots	Mixed with honey, powder / Oral, cataplasm		Cancer (A79)	50	80
						Ovarian cyst (X80)	14	
						Scorpion stings (S12)	17	
Asparacaceae	<i>Asparagus acutifolius</i> L. <i>Asparagus albus</i> L. <i>Asparagus pastorianus</i> Webb & Berthel. <i>Asparagus horridus</i> L. <i>Asparagus altissimus</i> Munby [S] (MP-Aspa-001 JHN) <sup>1,2,4,7</sup>	Sekum, سكوم Askoûm, أسكوم ◦⊙K◦E Tasskoûnd *, تسكوند †◦⊙⊙K◦I◦A Aza*, أزا◦✱◦ Azwi, أزوي◦✱◦L◦Ξ Tazut, تازوت †◦✱✱◦† Assnan *, أسنان ◦⊙⊙◦I◦	Young shoots	Consumption, grind, decoction, soaked in oil / Oral, external use		Abdominal pain (D01)	75	311
						Acne (S96)	17	
						Cancer (A79)	26	
						Diabetes (T90)	32	
						Hypertension (K86)	50	
Asparacaceae	<i>Drimia maritima</i> (L.) Stearn [S] (MP-Aspa-002 JH) <sup>2,4,8</sup>	‘ansal, العنصل Dabcht wechen (Wolf onion), ذابت وشن Ξ◦Θ◦† L◦E◦I◦	Bulbs	Cooked / Oral		Cancer (A79)	22	152
						Diabetes (T90)	46	
						Gastric ulcer (D86)	84	

		L-Bssayel, البصيل Far'ouna , فرعونة Rqanuch *, رقفوش ᠋᠋᠋᠋᠋᠋ Azalim n'wuchan, أزليم نوشن ᠋᠋᠋᠋᠋᠋᠋᠋᠋				Hepatitis (D97)	91	
Asparacaceae	<i>Leopoldia comosa</i> (L.) Parl. [S] (MP-Aspa-003 J)	L-Kikout, الكيكوط Basslat Ed-Dhib, بصلة الذئب	Bulbs	Boiled	Edible Used as glue			65
Asteraceae	<i>Asphodelus tenuifolius</i> Cav. [S] (MP-Asp-001 H) <sup>1,2,4</sup>	L-Berwag, لبرواق Chinqussbaghra *, شقفسباغرا ᠋᠋᠋᠋᠋᠋᠋᠋᠋ Abrarez *, أبراريز ᠋᠋᠋᠋᠋᠋᠋᠋᠋						57
Asteraceae	<i>Achillea leptophylla</i> M. Bieb. [S] (MP-Ast-001 J) <sup>2,4</sup>	Es-Shih El-Khrissi *, الشيخ الخريصي	Whole plant, leaves, stems	Infusion / Oral		Alopecia areata (S23)	61	152
						Intestinal worms for kids (D96)	133	
Asteraceae	<i>Anacyclus pyrethrum</i> (L.) Lag [S] (MP-Ast-002 J)	Tiknitset, تكتنتست	Roots	Infusion / Oral		Anesthetic (A29)	28	76
						Common cold (R29)	43	
Asteraceae	<i>Artemisia arborescens</i> L. [C] (MP-Ast-003 JHN)	Es-shiba, الشيبية Shibath شيبث ᠋᠋᠋᠋᠋᠋᠋᠋᠋ Ashiba, اشيبية ᠋᠋᠋᠋᠋᠋᠋᠋᠋	Leaves, stems	Infusion, decoction, poured the water on the head. Make sure that it touches all the parts of the head / External use, oral	Drink	Common cold (R29)	202	271
						General diseases (A29)	36	

						Headache (N01)	42	
Asteraceae	<i>Artemisia herba-alba</i> Asso [S] (MP-Ast-004 JHN)	Es-Shih, الشيح Izri, إزري	Stems, leaves	Infusion, decoction / Oral, inhalation	Drink	Abdominal pain (D01)	204	259
						Alopecia areata (S23)	61	
						Asthma (R96)	80	
						Coldness (A29)	48	
						Ear allergy (H29)	47	
						Eye allergy (F29)	53	
						Intestinal worms (D96)	99	
						Loss of appetite (T03)	66	
						Wound (S18)	32	
Asteraceae	<i>Calendula arvensis</i> L. <i>Calendula officinalis</i> L. [S] (MP-Ast-005 J)	Jemmra, الجمرة	Flowers	Friction / External use		Burn (S14)	31	44
Asteraceae	<i>Carthamus tinctorius</i> L. [I] (MP-Ast-006 J)	zo'fer, الزعفران	Flowers	Boiled in milk / Oral	Condiment	Jaundice (D13)	86	97
Asteraceae	<i>Chamaeleon gummifer</i> (L.) Cass. [S] (MP-Ast-007 N)	Addad, أداد	Roots	Fumigation, mixed with <i>Peganum harmala</i> L. / Inhalation	They make fumigations and mix it with the traditional soap (Women use it	Against fears (P29)	18	35

					to wash themselves)			
Asteraceae	<i>Chamaemelum nobile</i> (L.) All. [S] (MP-Ast-008 JHN) <sup>2,4,7</sup>	Babounej, بابونج Maysaniya, مايسنية Thiwazith *, ثوازيث XεΛ.✱εX Bakmlal *, بكملال Θ.κCΠ.Π Ghedo mlal *, غيدو ٤:٨: CΠ.Π	Flowers	Dry, infusion, compress / Oral, external use		Digestive system diseases (D99)	167	345
						Eye pain (F01)	36	
						Gas (D08)	49	
Asteraceae	<i>Cichorium intybus</i> L. [S] (MP-Ast-009 JH) <sup>1,2,4</sup>	Defaf *, دفاف ΛεH.εH Arbiyane *, أربيان L-Hindibae, الهندباء	Leaves	Powder	Edible with Bakkoula (a Moroccan receipt), named Imzwar εC✱Π.○ in Amazigh language Cosmetic use: mixed with Henna and put it on the hair			138
Asteraceae	<i>Cynara cardunculus</i> L. [C] (MP-Ast-010 JHN) <sup>1,2</sup>	L-khorchef, خرشف Rekhochf *, رخوشف ○εY:εH Aghardus *, أغرضوص ε.χ.○Λ:ε○	Flower buds	Cooked / Oral	Edible, transforms the milk into cheese	Liver diseases (D97)	47	114
Asteraceae	<i>Cynara scolymus</i> L. [C] (MP-Ast-011 JHN) <sup>2,7</sup>	El-Quoq, القوق L-Qorni', قرنبيع Kharssaf *, خرسف Y.○○εH Thafgha *, ثافغة X.εY.ε	Flower buds, roots	Cooked, decoction / Oral	Edible, production of Rayeb (Soured milk)	Liver diseases (D97)	53	174
						Diarrhea (D11)	29	
Asteraceae	<i>Dittrichia viscosa</i> (L.) Greuter [S]	Magraman, مكرمان		Infusion, mixed with olive oil		Bowels movement (D18)	79	465

	(MP-Ast-012 JHN)	ⵍⵓⵔⵓⵎⵉⵏ	Leaves, roots, whole plant	Fried or boiled and put it on the head of a teething child / Oral, external use				
						Burn (S14)	121	
						Coldness (A29)	155	
						Dental pain (For kids) (D19)	58	
						Fever (A03)	98	
						Gastric ulcers (D87)	74	
						General pain (A29)	75	
						Hemorrhoids (K96)	54	
						Sunburns (S80)	91	
						Wounds (S18)	86	
Asteraceae	<i>Echinops spinosissimus</i> Turra [S] (MP-Ast-013 J) <sup>1,2,4,6,8</sup>	Chdeg Ej-Jmel *, شدق الجمل Tasekra, تاسكرة Chouk L-Hmir, شوك الحمير	Roots	Decoction / Oral		Diarrhea (D11)	79	83
Asteraceae	<i>Glebionis coronaria</i> (L.) Tzvelev <i>Glebionis segetum</i> (L.) Fourr. [S] (MP-Ast-014 JH) <sup>2,4</sup>	L-Oqhowan, الأقرحوان Named chicken feet رجلة الدجاج Thigandast *, ثيجنداست	Whole plant		Aromatic, mixed with coffee, enter in several dishes (Chicken, Moroccan soup...)			55
Asteraceae	<i>Lactuca sativa</i> L. [C] (MP-Ast-015 JHN)	L-khass, الخس Tchouga, تشوغا ⵜⵉⵔⵓⵖⵓ	Leaves	Consumption / Oral	Edible	Constipation (D12)	24	82
						Stomachache (D01)	19	
Asteraceae	<i>Matricaria chamomilla</i> L. [S] (MP-Ast-016 JHN)	Babounej, بابونج Mayssania, مايسنية	Flowers	Infusion, dry / Oral		Bowels movement (D18)	194	562

						Gas (D08)	197	
						Sinusitis (R75)	72	
Asteraceae	<i>Rhaponticum acaule</i> (L.) DC. [S] (MP-Ast-017 J)	Tafgha, تافعة	Roots	Powder, mixed with honey / Oral		Cancer (A79)	12	22
						Liver diseases (D97)	19	
Asteraceae	<i>Scolymus hispanicus</i> L. [S] (MP-Ast-018 H) <sup>1,2,4</sup>	Gernina, جرنينة XOIξI. Thelfafeth *, تلفافث XξWH. HξX	Young plant shoots		Edible			43
Asteraceae	<i>Scorzonera undulata</i> Vahl. [S] (MP-Ast-019 J)	Talma , تالمة	Roots	Decoction / Oral	Edible	Diarrhea (D11)	17	37
						Menstruation irregular (X07)	9	
Asteraceae	<i>Silybum marianum</i> (L.) Gaertn. [S] (MP-Ast-020 JH)	Chouk L-Hmir, شوك الحمير Thafarth N'waghyur تافارث, نواغيور X.H.OX I'U. HξO	Inflorescences		Camel fodder, edible with Bakkoula			121
Asteraceae	<i>Taraxacum obovatum</i> (Willd.) DC. [S] (MP-Ast-021 H)	Awjdem , أوجددم .UIC						39
Boraginaceae	<i>Borago officinalis</i> L. [S] (MP-Bo-001 J)	Lsane El-bqer, لسان البقر Lsane Et-Tour, لسان الثور	Whole plant		Edible Fodder			33
Boraginaceae	<i>Echium plantagineum</i> L. <i>Echium horridum</i> Batt. [S] (MP-Bo-002 H) <sup>1,2,4</sup>	Bohamdone *, بوحمدون	Whole plant	Decoction / Oral		Bladder complaint (U13)	18	34
Brassicaceae	<i>Brassica napus</i> L. <i>Brassica rapa</i> L. [C]	El-Left, اللفت Adjefet *, أديفت	Roots, leaves	Syrup (mixed with sugar) / Oral	Edible	Diseases of the respiratory system (R29)	84	358

	(MP-Br-001 JHN) <sup>1,2,3</sup>	◦ΛΙ◦Η†				Inflammation (A29)	31	
						Cough (R05)	57	
						Throat pain (R21)	42	
						Typhoid (D70)	60	
						Common cold (R29)	92	
Brassicaceae	<i>Brassica nigra</i> (L.) W.D.J.Koch [S] (MP-Br-002 N)	L-kerkaz, الكركاز ΛΚ◦ΟΚ◦*	Seeds			Coldness (A29)	14	20
Brassicaceae	<i>Brassica oleracea</i> L. [C] (MP-Br-003 JHN) <sup>1,2,3</sup>	Kroumb, كرومب, Aqulis *, أفوليس, ◦Z◦H◦ Qoliss, قوليس, Z◦H◦ Es-Sheflour, الشفلور	Inflorescences, leaves	Compress / External use	Edible	Genital swelling (X29) (Y29)	26	188
Brassicaceae	<i>Eruca vesicaria</i> (L.) Cav. [S] (MP-Br-004 JH) <sup>1,2,4,7</sup>	Ej-Jerjir, الجرجير Garninoh *, جرنينوش X◦O◦I◦I◦C		Decoction / Oral		Alopecia areata (S23)	37	132
Brassicaceae	<i>Lepidium sativum</i> L. [C] (MP-Br-005 J)	Habb Er-rhad, الرشاد حب	Seeds	Mixed with milk or water or dates, powder / Oral		Children's diseases (A29)	24	100
						Joint pain (L20)	76	
						Memory disturbance (P20)	51	
Brassicaceae	<i>Raphanus sativus</i> L. [C] (MP-Br-006 JHN) <sup>1,2,3,6,8</sup>	Lfjel, لفجل Djaft yori *, دجفت يوري ΛΙ◦Η† ◦◦O◦ Thachlacht *, X◦C◦H◦C†	Roots	Consumption / Oral	Edible, against demonic possession	Madness (P29)	24	124
						Nervousness (P01)	29	

Brassicaceae	<i>Sinapis alba</i> L. [S] (MP-Br-007 J)	L-khardel, الخردل	Seeds	Powder, mixed with honey / Oral		Allergy (A92)	38	77
						Cough (R05)	43	
Cactaceae	<i>Opuntia ficus-indica</i> (L.) Mill. [C] (MP-Cac-001 JHN) <sup>1,2,3,6,7</sup>	Es-Sebar, الصبار Ze'boula, Nouar El- Hendiya, نوار الهندية (الرُّعْبُولَة) El-Hendiya, الهندية Ifoudha *, إيفودا ᄇᆞᆫᆯᆞᆫᆯᆞᆫ Thahandicht *, ثاهندشت X.Φ.Λ.Σ.Ϛ	Fruits, sap, thorns, flowers	Consumption, hashed, friction, dry, grind / Oral, external use	Cosmetic, natural hair dye, edible	Coldness (A29)	117	213
						Diarrhea (D11)	74	
						Hemorrhoid (K96)	24	
						Spasm (N08)	42	
Capparaceae	<i>Capparis spinosa</i> L. [S] (MP-Cap-001 J)	L-Kabbar, الكبار	Seeds	Mixed with milk / Oral		Joint pain (L20)	53	213
Caryophyllaceae	<i>Corrigiola telephiiifolia</i> Pourr [S] (MP-Car-001 J)	Serghina, سرغينة	Roots	Fumigation, mixed with honey / Oral, inhalation		Anaesthetizing the Mouth (D83)	72	85
						Common cold (R29)	49	
Caryophyllaceae	<i>Gypsophila vaccaria</i> (L.) Sm. (= <i>Vaccaria hispanica</i> (Mill.) Rauschert) [S] (MP-Car-002 J)	Tighight, تغبييت	Roots, leaves	Consumption, raw, cooked / Oral	Edible	Indigestion (D07)	18	25
Caryophyllaceae	<i>Herniaria hirsuta</i> L. [S] (MP-Car-003 JH) <sup>1,2,4,7</sup>	Herrâss L-hjer, هَرَّاس الخَجَر Kasser L-hjer, كاسر	Whole plant	Decoction / Oral		Bladder complaint (U13)	97	188
						Kidney lithiasis (U14)	101	



		الحجر Theqab L-hjer *, تقاب الحجر Asquan *, أسقآن •⊙Z•				Kidney problem (U14)	155	
Caryophyllaceae	<i>Paronychia arabica</i> (L.) DC. <i>Paronychia argentea</i> Lam. [S] (MP-Car-004 H) <sup>1,2</sup>	تهيدوريت, Tahidorit, †•⊙⊗⊗•⊙⊗† Atay dial' arab, آتاي العرب أفرير *, Afrir •H⊙⊗⊙	Whole plant		Its odor smelled at night Useful for livestock			79
Cistaceae	<i>Cistus crispus</i> L. <i>Cistus albidus</i> L. <i>Cistus monspeliensis</i> L. [S] (MP-Ci-001 H) <sup>1,2,4</sup>	Tasemmakht *, تاسماخت †•⊙⊗⊗⊗•⊗† Affazzaz *, أفزاز •H•*•*•*	Seeds	Grind	Was once used as baby powder			38
Convolvulaceae	<i>Convolvulus arvensis</i> L. <i>Convolvulus althaeoides</i> L. <i>Convolvulus siculus</i> L. [S] (MP-Co-001 JH)	اللوبية, Lawaya, ذُمَّنَات, Dhmanat, ⊗⊗••† Mesran ddib, مصران الذيب	Leaves Whole plant Limbs	Use as a bandage, friction, powder / External use, bandage		Sciatica (L86)	17	64
						Stop the hemorrhage (A10)	31	
						Wound (S18)	25	
Cucurbitaceae	<i>Citrullus colocynthis</i> (L.) Schrader [S] (MP-Cu-001 HN) <sup>1,2,4,6,8</sup>	الحنظل, L-handhal, أريري *, Ariri •⊙⊗⊙⊗ Hadj, حدج •⊙•⊗	Fruits	Compress, moxibustion / External use		Jaundice (D13)	43	121
						Wound (S18)	49	
Cucurbitaceae	<i>Citrullus lanatus</i> (Thunb.) Matsum. & Nakai [C] (MP-Cu-002 JHN) <sup>1,2,7</sup>	الدليع, Ed-deli', أدلاع *, Addellaâ •⊗⊗⊗•⊗	Fruits, pulp, barks	Consumption, decoction / Oral, external use	Edible	Bladder complaint (U13)	21	259
						Diuretic (U08)	139	
						Fever (A03)	32	

		Delah, دلاح Taleggust *, تالوجوست				Kidney complaint (U14)	56	
						Refreshing (A29)	126	
Cucurbitaceae	<i>Cucumis melo</i> L. [C] (MP-Cu-003 JHN)	Swihla, سويهله	Fruits, pulp	Consumption / Oral	Edible	Bladder complaint (U13)	29	101
						Constipation (D12)	22	
						Refreshing (A29)	9	
Cucurbitaceae	<i>Cucumis sativus</i> L. <i>Cucumis flexuosus</i> L. [C] (MP-Cu-004 JHN) <sup>1,2,6,7</sup>	I-khyar, الخيار ( <i>Cucumis sativus</i> L.) Bino *, بينو ΘΞΙ: Fagouss, فقوس ( <i>Cucumis</i> <i>flexuosus</i> L.) Aghasim *, أغسيم ⊕⊗⊙⊕	Fruits	Friction, consumption / Oral	Edible, cosmetic	Hepatitis A (D72)	48	172
						Sunburns (S80)	54	
						Typhoid (D70)	69	
Cucurbitaceae	<i>Cucurbita maxima</i> Duchesne [C] (MP-Cu-005 JHN) <sup>2,3,7</sup>	Ger'a Hamra, جرعة الحمراء Takhsacht Tazwaght *, تاخساشت تازواغت ⊕⊗⊙⊕⊕ ⊕⊗⊙⊕⊕	Fruits	Cooked, consumption / Oral	Edible	Anemia (B78)	52	105
						Constipation (D12)	12	
						Hormonal problem (T99)	37	
						Typhoid (D70)	44	
Cucurbitaceae	<i>Cucurbita pepo</i> L. [C] (MP-Cu-006 JHN)	Ger'a, كربة Takhsacht , تاخساشت ⊕⊗⊙⊕⊕	Fruits	Friction / Cataplasm	Edible	Burns (S14)	48	133
						Eczema (S87)	77	
						Skin inflammation (S29)	61	
						Swelling (A08)	13	

Cucurbitaceae	<i>Ecballium elaterium</i> (L.) A. Rich. [S] (MP-Cu-007 H)	Függus-l-hmir, فقوس الحمير	Fruits	Friction, dry, grind, pressed, mixed with olive oil / Eye droops		Eye pain (F01)	12	12
						Hemorrhoid (K96)	8	
Cucurbitaceae	<i>Lagenaria siceraria</i> (Molina) Standl. [C] (MP-Cu-008 J)	L-gr'a Es-slaouia, القرعة السلاوية	Fruits	Fumigation	Edible Cosmetic (For hair)			41
Cupressaceae	<i>Juniperus oxycedrus</i> L. [S] (MP-Cup-001 J)	Taggâ, طاجة	Leaves, barks	Powder / Cataplasm	Manufacture of tar	Eczema (S87)	37	48
Cupressaceae	<i>Juniperus phoenicea</i> L. [S] (MP-Cup-002 JHN) <sup>1,2,4</sup>	L-'ar'ar, العرعار Amdzi *, أمضري ◦⊠Λ✱ξ	Barks Leaves	Dry, grind, mixed with Henna / Cataplasm	Manufacture of tar	Blisters on the feet (S17)	25	172
						Eczema (S87)	22	
Cupressaceae	<i>Tetraclinis articulata</i> (Vahl) Mast. [S] (MP-Cup-003 JHN) <sup>1,2,3,4,5,7</sup>	L-'ar'ar, العرعار Quochor l-'ar'ar, قشور العرعار Amdzi *, أمضري ◦⊠Λ✱ξ Amdri *, أمضري ◦⊠ΞΟξ	Leaves, barks	Fumigation, powder, mixed with olive oil, mixed with Henna, decoction / External use, oral	Manufacture of tar	Bowels movement (D18)	89	616
						Common cold (R29)	142	
						Diarrhea (D11)	143	
						Eczema (S87)	91	
						Fracture (L76)	97	
						Inflammation (A29)	84	
						Stomachache (D01)	53	
						Uterus complaint (X29)	37	
						Wound (S18)	71	

Cyperaceae	<i>Cyperus esculentus</i> L. [SC] (MP-CY-001 JHN) <sup>2,7</sup>	Tharma *, ثارمة X.OC. Habb el-‘aziz, حب العزير	Tubers, whole plant	Dry, decoction / Oral	Fodder	Loss of appetite (T03)	46	116
						Weight gain (T07)	38	
Cyperaceae	<i>Cyperus longus</i> L. [S] (MP-CY-002 J)	Tara, تارا Sa'd, سعد	Rhizomes	Dry	Incense			17
Ephedraceae	<i>Ephedra alata</i> Decne. <i>Ephedra altissima</i> Desf. <i>Ephedra fragilis</i> Desf. [S] (MP-Ep-001 J)	‘Elnada, علاندة	Leaves	Decoction / Oral		Cancer (A79)	42	67
						Poison (A86)	29	
Ericaceae	<i>Arbutus unedo</i> L. [S] (MP-Er-001 JH)	Sasnu, ساسنو Bû-Khanu, بوخنو Θ%Λ%α%	Fruits, leaves	Decoction / Oral	Edible	Stomachache (D01)	61	171
						Hepatitis (D97)	49	
Ericaceae	<i>Calluna vulgaris</i> (L.) Hull <i>Erica multiflora</i> L. <i>Erica cinerea</i> L. <i>Erica scoparia</i> L. <i>Erica arborea</i> L. [I] (MP-Er-002 H)	Boukheddad, بوخداد Θ%Λ%α%Λ						28
Euphorbiaceae	<i>Euphorbia helioscopia</i> L. [S] (MP-Eu-001 H)	Tafura, تافورة †.H%O%	Whole plant		Purifies water			42
Euphorbiaceae	<i>Euphorbia lathyris</i> L. [S] (MP-Eu-002 J)	Hebt l-muluk, حبة الملوك	Fruits	Consumption / Oral	Eaten	Constipation (D12)	19	22
Euphorbiaceae	<i>Euphorbia officinarum</i> L. [S] (MP-Eu-003 N)	Ed-deghmoûss, الدغموس	Whole plant	Mixed with honey / Oral		Cancer (A79)	27	51
						Ovarian cyst (X80)	33	
Euphorbiaceae	<i>Mercurialis perennis</i> L.	L-Hriqa Lmelssa, الحريقة	Seeds, w hole plant	Decoction	Fodder for livestock, seed are	Prostate complaint (Y06)	23	35

	<i>Mercurialis annua</i> L. [S] (MP-Eu-004 J)	الملسا			fodder for birds			
Euphorbiaceae	<i>Ricinus communis</i> L. [S] (MP-Eu-005 JHN) <sup>1,2,3,4,7</sup>	L-Kharoua', الخروع Lassmâkhat *, الشجرة لما تهزها ريح (literally a tree not shaken by the wind) ١٠٠٠٠٠٠٠٠٠٠٠	Seeds, leaves	Decoction, oil, fumigation in the Hammam / External use, oral	Cosmetic	General health (A29)	25	176
						Hair care (S24)	59	
						Infertility (W15)	28	
Fabaceae	<i>Anagyris foetida</i> L. [S] (MP-Fab-001 J)	Fwilat l-klab, فويلة لكلاب			Toxic plant			13
Fabaceae	<i>Astragalus boeticus</i> L. <i>Astragalus caprinus</i> L. <i>Astragalus</i> <i>sesameus</i> L. <i>Astragalus hamosus</i> L. [S] (MP-Fab-002 J)	Qarn l-ghzal, قرن الغزال L-kedad, الكداد ( <i>Astragalus boisseri</i> Fisch. and <i>Astragalus</i> <i>armatus</i> Lam.)	Seeds		Edible			19
Fabaceae	<i>Ceratonia siliqua</i> L. [S] (MP-Fab-003 JHN) <sup>1,2,3,4,6,7,8</sup>	L-kharoub, الخروب, Ikchouan *, اكشاون ٤٤٤٤٤٤٤٤٤٤٤٤ Tasrighoua (tree), الشجرة) تَسْرِيغُو ١٠٠٠٠٠٠٠٠٠٠٠٠٠٠ Iquassoïne *(fruit), الثمرة) إِيْقَاسُون	Fruits	Mixed with honey, powder / Oral	Edible, production of chocolate	Abdominal pain (D01)	56	313
						Bowels movement (D18)	45	
Fabaceae	<i>Cicer arietinum</i> L. [C] (MP-Fab-004 JHN)	L-Hûmoss, الحمص	Seeds	Powder, soaked / External use	Edible, cosmetic (the water of chickpeas used to wash the face)	Kidney problem (U14)	88	262
						Melasma (S08)	56	

Fabaceae	<i>Crotalaria saharae</i> Coss. <i>Crotalaria vialettei</i> Batt. [S] (MP-Fab-005 J)	Fouila, فويلة Foul L-Klab, فول الكلاب			Useless			27
Fabaceae	<i>Glycyrrhiza glabra</i> L. <i>Glycyrrhiza foetida</i> Desf [I] (MP-Fab-006 JN)	'Arq Souss, عرق سوس	Roots, rhizomes	Decoction / Oral		Asthma (R96) Cough (R05) Indigestion (D07) Itching (S29) Throat pain (R21)	61 58 59 34 82	156
Fabaceae	<i>Lathyrus clymenum</i> L. <i>Lathyrus aphaca</i> L. <i>Lathyrus ochrus</i> (L.) DC. <i>Lathyrus sativus</i> L. <i>Lathyrus cicera</i> L. <i>Lathyrus sylvestris</i> L. [S] (MP-Fab-007 JN) <sup>2</sup>	Jelban, جلبان Jelban boqroune, جلبان بوقرون Tinfrit *, تنفريت †‡ ‡‡†	Seeds		Edible, good for livestock, fodder			91
Fabaceae	<i>Lens culinaris</i> Medik. [C] (MP-Fab-008 JHN)	'Des, عدس	Seeds	Consumption, powder, mixed / Oral	Edible	Anemia (B78) Constipation (D12)	112 40	175
Fabaceae	<i>Lupinus albus</i> L. [C] (MP-Fab-009 JN) <sup>2,6</sup>	Tirmes, ترمس Foul gnaoua *, فول كناوة	Seeds	Powder / Oral		Cholesterol (T99) Diabetes (T90) Weight loss (T08)	11 28 13	85
Fabaceae	<i>Medicago sativa</i> L. [S] (MP-Fab-010 JN) <sup>1,2,3,7</sup>	Fassâh, فصة Reffssâh *, رفصة ○.‡‡○○○	The first harvest, leaves	Decoction, steamed, powder, mixed with camel grease / Oral	Fodder for livestock, edible	Blood toxins (B04) Common cold (R29)	36 52	173

						Nervousness (P01)	46	
Fabaceae	<i>Ononis natrix</i> L. <i>Ononis tournefortii</i> Coss. [S] (MP-Fab-011 JH) <sup>1,2,3,4,7</sup>	saboun la'zara , صابون العزارة Ech-Chebreg *, الشبيرك أفزاز , أفزاز ◦H◦*◦*	Roots	Heated, friction, trituration / External use, cataplasma		Childbirth (W90)	32	133
						Wound (S18)	66	
Fabaceae	<i>Pisum sativum</i> L. [C] (MP-Fab-012 JHN)	Jelban, جلبان Thinifin, ثينيفين Xξ ξHξ	Seeds, pods		Edible			312
Fabaceae	<i>Retama monosperma</i> (L.) Boiss. <i>Retama raetam</i> (Forssk.) Webb <i>Retama sphaerocarpa</i> (L.) Boiss. [S] (MP-Fab-013 JH) <sup>1,2,3,4</sup>	Er-Tem, الرتم, Er-Ttem, الرطم, Asfud *, أسفود ◦⊙H◦^	Barks	Decoction / Oral	Light the fire, cure the rabies of dogs	Cancer (A79)	42	312
						Poison (A86)	37	
Fabaceae	<i>Senna alexandrina</i> Mill. [S] (MP-Fab-014 JHN)	Es-sana, السانا	Leaves	Infusion / Oral		Bowels movement (D18)	92	418
						Constipation (D12)	380	
						Constipation in Pregnancy (W29)	41	
Fabaceae	<i>Trigonella foenum- graecum</i> L. [C] (MP-Fab-015 JHN) <sup>1,2,3,5,6,7,8</sup>	L-Helba, الحلبة Thifidas, ثفيداس XξHξ^◦⊙ Rjoubet *, رجوبث, OI:⊙:X	Seeds	Consumption, powder, mixed with flax seed, black cumin and honey, mixed with honey (take a spoonful with a cup of lukewarm water), mixed	Edible, increase lactation in cows, condiment, cosmetic	Blood toxins (B04)	81	443
						Cancer (A79)	19	
						Hair care (S24)	66	

				with olive oil and hide in the shade / Oral, external use		Hair loss (S23)	43	
						Lactation problem (W19)	98	
						Loss of appetite (T03)	142	
						Vein problems (K29)	34	
						Weight gain (T07)	203	
Fabaceae	<i>Vicia ervilia</i> (L.) Wild. [C] (MP-Fab-016 JH) <sup>2,7</sup>	Kerssala, كرسالة Khassa *, خاسة ☉☉☉ Quenassen *, قناسن ☉☉☉☉☉☉☉	Seeds	Soaked, powder / External use, oral		Bowels movement (D18)	42	106
						Continuous cough (R05)	24	
						Joint pain (L20)	36	
Fabaceae	<i>Vicia faba</i> L. [C] (MP-Fab-017 JHN)	L-Foul, الفول Ibaouan, إباون ☉☉☉☉☉☉☉	Pods, seeds	Decoction / Oral	Edible	Asthma (R96)	26	235
						Bladder complaint (U13)	62	
						General health (A01)	45	
Fabaceae	<i>Vicia sativa</i> L. [C] (MP-Fab-018 HN)	Ibaouan, إباون ☉☉☉☉☉☉☉	Pods, seeds					65
Fabaceae	<i>Castanea sativa</i> Mill. [CI] (MP-Fag-001 JHN)	L-Quastel, القسطل	Fruits	Roasted / Oral	Edible	Stomachache (D01)	37	102
Fabaceae			Nuts	Consumption / Oral		Asthma (R96)	51	84



	<i>Quercus coccifera</i> L. [S] (MP-Fag-002 J)	Querich l-helouf, كريش الحلوف				Loss of appetite (T03)	29	
Fabaceae	<i>Quercus rotundifolia</i> Lam. <i>Quercus ilex</i> L. [S] (MP-Fag-003 JHN) <sup>1,2,4</sup>	L-belout, البلوط Abjout *, أبجوط ⊙⊕⊖ Kûrrîch, كريش ⊗⊙⊘⊙	Nuts	Consumption / Oral	Edible	Uterus complaint (X29)	35	209
Fabaceae	<i>Quercus suber</i> L. [S] (MP-Fag-004 JHN) <sup>1,2,3,4,7</sup>	L-ferchi, الفرشي L-belout, البلوط Tzakht, تراخت †⊙⊕⊖† Abjout *, أبجوط ⊙⊕⊖† Ider *, إيدر ⊗⊙⊘⊙ Abajouth *, أبجوض ⊙⊕⊖⊙	Nuts, barks		Edible Production of cork			117
Iridaceae	<i>Crocus sativus</i> L. [C] (MP-Ir-001 JHN) <sup>1,2,7,8</sup>	Ze'frane, زعفران Kerkouz *, كركوز ⊗⊙⊘⊙⊗	Pistils	Decoction, mixed with kohl, boiled in milk / External use, oral		Anemia (B78)	41	201
						General pain (A29)	40	
						Menstruation irregular (X07)	42	
						Nervous system diseases (N29)	37	
						Spasm (N08)	18	
						Uterus complaint (X29)	31	
						Wounds (S18)	27	
Iridaceae	<i>Iris germanica</i> L. <i>Iris pseudacorus</i> L. [S] (MP-Ir-002 H) <sup>1,2,3,4</sup>	Iris *, إريس ⊗⊙⊘⊙⊗						41
Juglandaceae	<i>Juglans regia</i> L. [C] (MP-Jug-001 JHN) <sup>1,2,3</sup>	L-Grga', لكركاع Taghyachet, تغياشت †⊙⊕⊖⊙†	Nuts	Consumption, decoction, powder, mixed / Oral	Edible	Anemia (B78)	81	219
						Blood toxins (B04)	49	

		Agusim *, أجوسيم ⦿⦿⦿⦿⦿				Hair loss (S23)	40	
						Memory disturbance (P20)	36	
						Swollen lymph nodes (B02)	61	
						Weakness (A04)	74	
Juncaceae	<i>Juncus maritimus</i> Lam. [S] (MP-Jun-001 JH)	Zeri'at Azlaf, زريعة أزلاف Ssmâr, الصَّمَار ⦿⦿⦿⦿⦿ Azraf, أزراف ⦿⦿⦿⦿⦿	Seeds	Decoction / Oral		Bladder weakness (U05)	18	86
						Coldness (A29)	28	
Lamiaceae	<i>Ajuga iva</i> (L.) Schreb [S] (MP-Lam-001 H)	Chendgoura, شندكورة, Touf Tolba, توف طلبية, Thiminar, ثمينار ⦿⦿⦿⦿⦿	Leaves	Cooked, burn with oil Infusion, add some honey and drink in the morning before you eat, water in its leaves / Oral, external use		Abdominal pain (D01)	39	231
						Bladder complaint (U13)	46	
						Burn (S14)	109	
						Dysuria (U01)	48	
						Skin complaint (S29)	74	
						Uterus complaint (X29)	52	
Lamiaceae	<i>Clinopodium nepeta nepeta</i> (L.) Kuntze [S] (MP-Lam-002 JHN) <sup>2,4</sup>	Ze'itra, زعيترة, Assahta *, السحتا ⦿⦿⦿⦿⦿	Leaves	Infusion, fresh, dry / Oral, inhalation	Against the evil eye, purifies the area, condiment, honey seasoning	Backache (L02)	54	410
						Blood pressure (K85)	61	
						Blood toxins (B04)	19	
						Burn (S14)	118	
						Calm babies (P29)	16	
						Childbirth (W90)	44	

						Coldness (A29)	60	
						Common cold (R29)	193	
						Complication of pregnancy (W29)	32	
						Contamination (A29)	21	
						General pain (A29)	82	
						Headache (N01)	77	
						Hemorrhoids (K96)	32	
						Hyperglycemia (T90)	35	
						Joint pain (L20)	110	
						Stomachache (D01) and Stomachache for babies (D01)	377	
						Typhoid (D70)	37	
						wounds (S18)	73	
Lamiaceae	<i>Lavandula stoechas</i> L. [S] (MP-Lam-003 JHN)	L-Khzama, الخزامى L-Halhal, حلال ⊙⊙⊙⊙⊙	Whole plant	Decoction, dry, powder, heat, mixed with olive oil, mixed with the water of sea / External use, oral, inhalation, suppository	Against humidity	Asthma (R96)	180	681
						Bowl movements (D18)	28	
						Bronchitis (R78)	69	
						Childbirth (W90)	125	
						Common cold (R29)	183	
						Fever (A03)	55	
						Gas (D08)	108	
						Infertility (W15)	179	
						Kidney pain (U14)	67	
						Menstrual pain (X02)	47	
						Pulmonary problems (R29)	84	

						Urinary infection (U99)	115	
						Vaginal infection (X15)	51	
						Whooping cough (R71)	72	
Lamiaceae	<i>Marrubium vulgare</i> L. [S] (MP-Lam-004 JH) <sup>1,2,3,4,5,6,7,8</sup>	Mrioua, مريوة Manta *, ماننة Minta *, مننة Mriyoiya , مريويا Oxoxoxo Myrou, ميرو Myarou , ميارو Oxoxo Maro *, مارو	Whole plant	Decoction, instillation / Oral, gargle, nasal droops	To clean clothes	Allergy (A92)	81	399
						Antiseptic (A29)	47	
						Cancer (A79)	42	
						Childbirth (W90)	53	
						Coldness (A29)	129	
						Cough (R05)	143	
						Headache (N01)	175	
						Hemorrhoids (K96)	29	
						Hypertension (K86)	61	
						Hyperthyroidism (T85)	61	
						Lung diseases (R99)	86	
						Nasal congestion (R07)	120	
						Stomachache (D01)	33	
						Toothaches (D19)	68	
						Typhoid (D70)	84	

Lamiaceae	<i>Mentha pulegium</i> L. <i>Mentha gattefossei</i> Maire [S] (MP-Lam-005 JHN) <sup>1,3,4,5,7,8</sup>	Fliyo, فليو Friyo, فريو ᲕᲐᲙᲗ Menta*, منتنة ᲕᲗᲐᲗ	Leaves, stems	Infusion, dry, fresh, trituration / Oral	Edible, drink, condiment (with couscous), repels mosquitoes	Coldness (A29)	29	554
						Common cold (R29)	210	
						Heartburn (D02)	79	
						Influenza (R80)	194	
						Spasm (N08)	64	
						Vertigo (N17)	147	
Lamiaceae	<i>Mentha spicata</i> L. <i>Mentha x villosa</i> Huds. [C] (MP-Lam-006 JHN)	Atay, أتاي Ne'na' l-beldi, النعناع البلدي Liqâma d-atay, ليقامة أتاي Ne'na' l-beldi, النعناع البلدي	Leave, stems	Infusion, chew, fresh / Cataplasm, oral	Edible, drink	Burn (S14)	45	207
						Stomachache (D01)	58	
						Toothache (D19)	21	
Lamiaceae	<i>Mentha suaveolens</i> Ehrh. [S] (MP-Lam-007 JH) <sup>2,4,5,7,8</sup>	Ne'na' es-soufi, ننعاع الصوفي Timîjjâ, تيميجَّا ᲕᲗᲕᲗᲐᲗ Mchichrou, ᲕᲗᲕᲗᲕᲗᲐᲗ Mchichrou, مَشِيشْرُو ᲕᲗᲕᲗᲕᲗᲐᲗ Timoujjâ, تموجة ᲕᲗᲕᲗᲕᲗᲐᲗ Tamsat*, تمرسات ᲕᲗᲕᲗᲕᲗᲐᲗ	Leaves, stems	Infusion, put in the shade and then in water	Replace baker's yeast, a culinary plant that adds flavor to beans, can be add with a traditional meal "Ftera Sama" what mean "Deaf pie", condiment	Coldness (A29)	81	181
						Common cold (R29)	102	
						Headache (N01)	43	
						Sleep disturbance (P06)	34	
						Urinary calculus (U95)	84	
Lamiaceae	<i>Mentha x piperita</i> L. [S]		Leaves, stems	Trituration, infusion, fresh / Cataplasm	Condiment, edible, drink, add some	Burn (S14)	130	429

	(MP-Lam-008 JHN)	نعناع Minta, مَنْتَة Timîjjâ, تَيْمِيَّجَا †‡‡‡‡‡.			leaves to get rid of the taste and the smell of burning in a dish	Stomachache (D01)	105	
Lamiaceae	<i>Ocimum basilicum</i> L. <i>Ocimum minimum</i> L. [S] (MP-La-009 JN) <sup>1,2,3</sup>	L-hbeq, الحيق Rahbaq *, رحيق ○.⊕⊕‡	Leaves ,whole plant	Infusion / Oral	Condiment, kills mosquitoes	Tonsilitis acute (R76)	44	91
Lamiaceae	<i>Origanum compactum</i> Benth. <i>Origanum elongatum</i> (Bonnet) Emb. & Maire [S] (MP-Lam-010 JHN) <sup>1,2,3,4,8</sup>	Za'tar, زعتر Sahtar, صحتر ⊕.⊕‡.○ Zoy *(the male), ‡‡‡(ذكر) ‡‡‡ Zoyt * (the female), زويت ‡‡‡‡ (أنثى)	Leaves	Dry, decoction, spraying, infusion, mixed with honey and pomegranate bark, boiled in milk, mixed with olive oil, honey and limon / External use, oral	Drink, condiment, helps to preserve figs, they put it in a straw hut bag named "Ahhmâr" أحْمَار, honey seasoning	Calm (P29) Coldness (A29) Common cold (R29) Diarrhea (D11) Gallbladder problem (D29) Hair loss (S23) Menstrual pain (X02) Stomachache (D01)	43 92 346 52 49 49 97 115	475
Lamiaceae	<i>Origanum majorana</i> L. [C] (MP-Lam-011 JHN)	Merdedouch, مرددوش	Leaves	Infusion Dry	Drink	Blood pressure (K85) Diabetes (T90) Hormonal problem (T99)	105 32 92	261

						Infertility (W15)	39	
						Influenza (R80)	81	
						weight loss (T08)	68	
Lamiaceae	<i>Salvia officinalis</i> L. [C] (MP-Lam-012 JHN)	Es-Salmiya, السالمية	Whole plant, leaves	Infusion, dry / Oral	Drink, edible	Diabetes (T90)	175	279
						Hyperglycemia (T90)	42	
						Menstrual pain (X02)	47	
						Menstruation irregular (X07)	51	
						Hypertension (K86)	78	
						sweating problem (T09)	68	
Lamiaceae	<i>Rosmarinus officinalis</i> L. [S] (MP-Lam-013 JHN) <sup>1,2,3,4,6,7,8</sup>	Azîr, أزير Iklil Al Jabal, إكليل الجبل Inkri *, إنكري Inkkhri *, إنكخري ΞΙΚΚΟΞ	Leaves, inflorescences	Oil, decoction, fumigation, dry, infusion, mixed with oil / External use, oral, inhalation	Heals livestock, edible, aromatic, condiment, purifies the area, against the evil eye	Abdominal pain (D01)	251	544
						Backache (L02)	44	
						Blood pressure (K85)	23	
						Blood toxins (B04)	26	
						Burn (S14)	79	
						Calm babies (P29)	26	
						Childbirth (W90)	44	
						Coldness (A29)	52	
						Common cold (R29)	259	
						Complication of pregnancy (W29)	32	
						Contamination (A29)	42	

						General pain (A29)	29	
						Headache (N01)	62	
						Hemorrhoids (K96)	46	
						Hyperglycemia (T90)	18	
						Joint pain (L20)	49	
						Stomachache for babies (D01)	37	
						Typhoid (D70)	46	
						Wounds (S18)	73	
Lamiaceae	<i>Salvia verbenaca</i> L. [S] (MP-Lam-014 J)	L-Khyyâta , الخياطة	Leaves	Trituration / Cataplasm		Stomach wound (D29)	53	81
						Wounds (S18)	76	
Lamiaceae	<i>Teucrium polium</i> L. [S] (MP-Lam-015 JHN)	Edja'da, الجعدة Ayrar, أيرار	Whole plant	Decoction / Oral	It's used in the production of traditional soap	Diabetes (T90)	66	189
						Hair care (S24)	16	
						Heart pain (K01)	37	
						Hypertension (K86)	48	
						Stomachache (D01)	40	
Lamiaceae	<i>Thymus x martinezii</i> Pau <i>Thymus vulgaris</i> L. [S] (MP-Lam-016 JN) <sup>1,2,3,4,8</sup>	Touchna *, التوشنة ( <i>Thymus vulgaris</i> L) †:‡ا. Za'ter, زعتر	Leaves	Infusion / Oral	Edible, cosmetic use for hair	Allergy (A92)	52	247
						Common cold (R29)	87	
						Stomachache (D01)	122	
Lamiaceae	<i>Vitex agnus-castus</i> L. [S] (MP-Lam-017 H)	Angaref , أنجارف ا.×.ا.×.ا.×						23
Lauraceae		Querfa, قرفة	Barks	Powder, infusion / Oral	Spice	Asthma (R96)	71	180



	<i>Cinnamomum cassia</i> (L.) J. Presl [I] (MP-Lau-001 JHN) <sup>2,7,8</sup>	القرفط *, Al-Qarfat ◦‖ ZŁO‡◦‡+				Dysuria (U01) Menstrual pain (X02) Uterus complaint (X29)	58 41 36	
Lauraceae	<i>Laurus nobilis</i> L. <i>Laurus azorica</i> (Seub.) Franco [S] (MP-Lau-002 JN)	الرنند, Er-rend, Warqat Sidna Moussa, ورقة سيدنا موسى	Leaves	Decoction, infusion / Oral	Condiment	Stomachache (D01) Indigestion (D07)	74 81	196
Lauraceae	<i>Persea americana</i> Mill. [CI] (MP-Lau-003 H)	لافوكا, l'avocat, Thabukat, ثابوكات X◦Θ◦Z◦‡	Fruits	Mixed with olive oil, juice / Cataplasm, oral	Edible	Hair care (S24) Sexual desire reduced (P07)	12 10	12
Linaceae	<i>Linum usitatissimum</i> L. [CI] (MP-Li-001 JHN)	زريرة الكتان, Zeri'at El-Ketân,	Seeds	Grind, decoction, powder / Cataplasm, oral	Cosmetic, edible, hair dye	Cancer (A79) Cholesterol (T93) Constipation (D12) Excessive appetite (T02) Hair care (S24) Strengthens the bone (L29) Tightness of heart (K02) Weight gain (T07) Weight loss (T08)	41 52 64 40 38 22 29 35 128	262
Lythraceae	<i>Lawsonia inermis</i> L. [C] (MP-Ly-001 JHN) <sup>1,2,7,8</sup>	الحنة, I-Hennah, Rehna *, رحنى O◦‡‡◦	Leaves	Dry, powder, decoction / Cataplasm, oral	Hair dye, to color the hands and feet, for use in ceremonies	Diarrhea (D11) Fever (A03) Joint pain (L20)	128 142 83	399

						Tumors (A29)	27	
						Vein problems (K29)	42	
						Weakness (A04)	93	
						Wounds (S18)	101	
Lythraceae	<i>Punica granatum</i> L. [C] (MP-Ly-002 JHN) <sup>1,2,3,4,7,8</sup>	Rommân, رمان Armân Ez-Zefry, Er-Român *, أُرْمَانُ الزُّفْرِي (الرمان) ◦O◦Γ◦◦ ◦*◦*◦◦HO◦X Aquchodrmân, Quchour Er- Rôman, أَقْشُوذْرَمَانَ, (قشور الرمان) ◦Z◦◦◦O◦Γ◦◦	Fruits, barks	Dry, decoction, mixed with honey, consumption / Oral, external use	Edible	Bowels movement (D18)	146	417
						Gum diseases (D19)	61	
						Hair loss (S23)	26	
						Hemorrhoids (K96)	28	
						Stomachache (D01)	361	
Malvaceae	<i>Abelmoschus esculentus</i> (L.) Moench [C] (MP-Ma-001 JH) <sup>2</sup>	Mloukhiya, ملوخية Thamlukhith *, ثاملوخيث X◦Γ◦◦*◦X◦X	Fruits	Consumption / Oral	Edible	Diabetes (T90)	33	105
Lythraceae	<i>Alcea rosea</i> L. [CI] (MP-Ma-002 H) <sup>2,4</sup>	Taridant *, تاريذانت †◦O◦X◦Λ◦◦†						27
Lythraceae	<i>Gossypium herbaceum</i> L. [II] (MP-Ma-003 JHN) <sup>2</sup>	L-Qotn, القطن Reqten *, رقطن O◦Z◦†◦◦	White fibers	Bandage	Used in the clothing industry	Hemorrhage (A10)	51	194
Lythraceae	<i>Malva sylvestris</i> L. <i>Malva parviflora</i> L. [S] (MP-Ma-004 JHN) <sup>1,2,4,7</sup>	L-baquoula, البقولة L-Khobiza, الخبيزة Ighdiouene, اغديون X◦X◦Λ◦X◦◦ Imzouar *, إمزوار X◦Γ◦*◦◦O◦ Imzouane *, إمزوان X◦Γ◦*◦◦ L-Khobiza, الخبيزة	Whole plant, leaves	Consumption, compress, decoction / External use, oral	Edible	Burns (S14)	88	502
						Common cold (R29)	46	
						Constipation (D12)	225	
						Heart pain (K01)	31	
						Hypertension (K86)	59	
						Lactation problem (W19)	38	
						Tonsillitis acute (R75)	36	

Moraceae	<i>Ficus carica</i> L. [C] (MP-Mo-001 JHN) <sup>1,2,3,6,7,8</sup>	L-Kermouss, الكرموس Thazareth, ثَزَارْت Xo*oX Tazzate *, تازات †o*o†	Leaves, fruits	Friction, dried in the sun to become Chriha and administered a small dose to tea, mixed / External use, cataplasm, oral	Edible, natural fertilizer	Coldness (A29)	70	299
						Constipation (D12)	52	
						Furuncle (S10)	32	
Moraceae	<i>Morus alba</i> L. <i>Morus nigra</i> L. [S] (MP-Mo-002 JHN) <sup>1,2,7</sup>	Tût Al Bari, التوت البري Tagzilt *, تاكزيلت †oX*o†	Fruits, leaves	Consumption Powder / Oral	Edible	Common cold (R29)	54	342
						Stomachache (D01)	41	
						Sunburn (S80)	81	
Myristicaceae	<i>Myristica fragrans</i> Houtt. [I] (MP-Myri-001 J)	Gouza, جوزة	Nuts	Powder, mixed / Cataplasm	Aromatic	Headache (N01)	40	82
Myrtaceae	<i>Eucalyptus globulus</i> Labill. [S] (MP-Myrt-001 JHN)	Kaliptosse, كاليبوتس	Leaves, limbs	Boiled, decoction, fumigation / Inhalation	Honey of the <i>Eucalyptus</i> <i>globulus</i> Labill. is one of the best	Common cold (R29)	325	520
						Headache (N01)	67	
						Influenza (R80)	184	
Myrtaceae	<i>Myrtus communis</i> L. [S] (MP-Myrt-002 JH)	Rihane, ريحان	Leaves	Infusion, oil / Oral, external use		Childbirth (W90)	45	148
						Hair Loss (S23)	21	
						Pregnancy (W78)	53	
Myrtaceae	<i>Syzygium aromaticum</i> (L.) Merr. & Perry [I] (MP-Myrt-003 JH)	L-Qronfel, القرنفل 'Oud En-Nouar, عود النوار	Cloves	Implanted in the teeth, decoction, powder, mixed with Henna / Cataplasm, gargle	Spice	Allergy (A92)	19	170
						Dental pain (D19)	75	
						Fever (A03)	42	
						Furuncle (S10)	16	
						General pain (A29)	15	

						Gum disease (D19)	58	
						Toothaches (D19)	66	
Nitraceae	<i>Peganum harmala</i> L. [I] (MP-Ni-001 JHN)	L-Hermel, الحرمل Dohn bezr el-harmel, seed oil of Harmel, دهن بزر الحرمل	Seeds, leaves, roots, whole plant	Fumigation, mixed with <i>Chamaeleon gummifer</i> (L.) Cass. / Steam in the house, inhalation, external use, under the pillow	Against livestock scabies, against Jinn	Against fears (P29)	9	279
						Coldness (A29)	102	
						Hair care (S24)	44	
						Hemorrhoids (K96)	76	
						Nightmare (P06)	28	
Oleaceae	<i>Fraxinus angustifolia</i> Vahl. <i>Fraxinus excelsior</i> L. [S] (MP-OI-001 JN)	Tozalet, توزالت †:✱:‡:† Lessan Et-tèr, لسان الطير	Leaves, aerial part of the plant	Infusion / Oral	Edible	Diabetes (T90)	71	229
Oleaceae	<i>Jasminum grandiflorum</i> L. <i>Jasminum officinale</i> L. [I] (MP-OI-002 J)	L-yassmin, الياسمين	Flowers	Oil, powder / External use		Baby's skin irritation (S29)	52	80
						Redness (S07)	54	
Oleaceae	<i>Olea europaea</i> L. [C] (MP-OI-003 JHN)	Zaytoûne, زيتون	Leaves, fruits	Infusion, oil, instillation Grind, mixed with Henna, compress / Oral, ear drops, external use, gargle	Edible, cosmetic	Acne (S96)	43	426
						Constipation (D12)	64	
						Diabetes (T90)	90	
						Earaches (H01)	68	
						Gum diseases (D19)	97	
						Hair loss (S23)	17	
						Hypertension (K86)	80	
						Influenza (R80)	75	
						Sciatica (L86)	48	

						Stomachache (D01)	76	
						Urinary calculus (U95)	49	
						Wound (S18)	29	
Oleaceae	<i>Olea europaea</i> var. <i>Oleaster</i> (Hoffmanns. & Link) A. DC. [S] (MP-OI-004 JHN)	الزبوج, زبوج Azemmur (wild olive tree), أزموور, آزموور	Fruits, leaves	Infusion, oil, instillation / Oral, external use, ear drops	Edible, cosmetic, oil of wild olive is more expensive than cultivar olive	Constipation (D12)	64	371
						Diabetes (T90)	109	
						Earaches (H01)	42	
						Gum diseases (D19)	12	
						Hypertension (K86)	51	
						Influenza (R80)	80	
						Sciatica (L86)	27	
						Stomachache (D01)	81	
						Urinary calculus (U95)	49	
Oleaceae	<i>Phillyrea angustifolia</i> L. <i>Phillyrea latifolia</i> L. [S] (MP-OI-005 H)	قطم, قطم إمتوتل, إمتوتل آزموور, أزموور metwal, متوال	Leaves	Powder, boiled / Cataplasm	Edible	Joint pain (L20)	55	74
Orchidaceae	<i>Orchis</i> spp. and <i>Ophrys</i> spp. [S] (MP-Or-001 N)	l-hyya o l-mytta, الحية والميتة	Tubers	Decoction / Oral		Diarrhea (Especially kids) (D11)	39	41
Oxalidaceae	<i>Oxalis pes-caprae</i> L. [S] (MP-Ox-001 N)	حميضة, حميضة	Whole plant	Women sit on this plant in the Hammam / External use		Infertility (W15)	29	67
Papaveraceae	<i>Glaucium corniculatum</i> (L.) Rudolph [S] (MP-Pa-001 J) <sup>1,2</sup>	نوارة *, نوارة صفرا	Whole plant		Edible (Steamed)			43

Papaveraceae	<i>Papaver rhoeas</i> L. <i>Papaver pinnatifidum</i> Moris [S] (MP-Pa-002 JHN) <sup>1,2,3,4,6,7</sup>	Bela'mâne (Bena'mâne), بلعمان (بنعمان) Thawsisent *, ثاوسيسنت X٥L٥٥٥	Flowers	Cooked Infusion / Oral		Cough (R05)	45	276
						Measles (A71)	84	
						Sleep disturbance (P06)	42	
Papaveraceae	<i>Papaver somniferum</i> L. [S] (MP-Pa-003 J)	Khechkhach, خشخاش			Toxic plant			51
Pedaliaceae	<i>Sesamum indicum</i> L. [I] (MP-Pe-001 JHN)	Zenjlane, زنجلان	Seeds	Oil	Edible	Hair care (S24)	64	238
						Hair loss (S23)	62	
Pinaceae	<i>Cedrus atlantica</i> (Endl.) Manetti ex Carriere [S] (MP-Pi-001 N)	Al Arz, الأرز				Blood circulation (B04)	25	28
Pinaceae	<i>Pinus halepensis</i> Mill. [S] (MP-Pi-002 JH) <sup>1,2,4,8</sup>	Sanuwbar, صنوبر طاجة, Zombay dayda *, زمباي دايدا X٥L٥٥٥ ٨٥٥٨٥	Fruits, resins	Decoction, grind / Oral, external use, cataplasm	Edible, glu They put the fruit in the "Leben" but they don't know why. Some say that it is perhaps to give more strength when they prepare "Leben". Others say that maybe to keep it in good conditions	Acne (S96)	46	215
						Childbirth (W90)	31	
						Children's diseases (A29)	32	
						General pain (A29)	14	
						Stomachache (D01)	60	
						weight loss (T08)	35	
						wounds (S18)	112	
Plantaginaceae	<i>Globularia alypum</i> L. [S] (MP-Pl-001 JH) <sup>1,2,4,7</sup>	'ayen lerneb, عين الأرنب Teselghaght *, تسلغاغت	Leaves	Decoction / Oral		Bladder complaint (U13)	17	45

		†⊙⊖⊗⊕† Taslgha, تاسلغا †⊙⊖⊗⊕				General health (A01)	6	
Plantaginaceae	<i>Plantago afra</i> L. [C] (MP-PI-002 JH) <sup>2,4</sup>	Qatouna *, قاطونة, Aghennab yegar *, أغنا ب يجار ⊖⊗⊕⊖⊗⊕	Seeds	Consumption, soaked / Oral		Digestive system diseases (D99)	29	115
Plantaginaceae	<i>Plantago major</i> L. <i>Plantago coronopus</i> L. [S] (MP-PI-003 JHN) <sup>1,2,3,4</sup>	Bard o salam, برد و سلام Zentet l-khrouf *, زنطيط الخروف	Leaves	Grind, friction, trituration		Acne (S96)	39	189
						Burn (S14)	142	
						Wounds (S18)	41	
Poaceae	<i>Ampelodesmos mauritanicus</i> (Poir.) T.Durand & Schinz [S] (MP-Poa-001 H) <sup>1,2</sup>	Adles, dis, أدليس, ⊖⊗⊕⊖⊗⊕ Azrif *, أزريف ⊖⊗⊕⊖⊗⊕	Stover		It's a primary material for the manufacture of carpets and brooms			62
Poaceae	<i>Aristida adscensionis</i> L. [S] (MP-Poa-002 J) <sup>2</sup>	As-semar *, اسمار						16
Poaceae	<i>Arundo donax</i> L. [S] (MP-Poa-003 JH)	l-qsab, القصب	Stems, leaves, roots		Help to get rid of ants Entered in the construction of roof and manufacture of carpet	Hair care (S24)	12	79
Poaceae	<i>Avena sativa</i> L. [C] (MP-Poa-004 JHN) <sup>2</sup>	l-khratâl, الخرطال Tmsikhth *, تمسيخت, †⊗⊕⊖⊗⊕†	Seeds	Consumption / Oral	Fodder for livestock, against the evil eye, edible, cosmetic (facial mask)	Diabetes (T90)	71	169
						Cholesterol (T93)	52	
Poaceae	<i>Cenchrus americanus</i> (L.) Morrone [I] (MP-Poa-005 JHN)	Ilân, إيلان	Seeds	Consumption / Oral	Edible	Fracture (L76)	462	613

Poaceae	<i>Coix lacryma-jobi</i> L. [I] (MP-Poa-006 J)	Habat el-baraka, حبة البركة	Seeds	Powder, oil / External use, oral		For all diseases except death (A29)	34	38
Poaceae	<i>Cynodon dactylon</i> (L.) Pers. [S] (MP-Poa-007 H)	En-Njel, النَّجْل Agzmil, أكرميل 。ㄨㄗㄘㄨㄥㄨ	Roots	Squeeze	Jam, eaten by livestock	Excessive thirst (T01)	25	49
Poaceae	<i>Hordeum vulgare</i> L. [C] (MP-Poa-008 JHN)	Es-s'îr, الشعير	Seeds	Consumption / Oral	Edible	Bowels movement (D18)	86	638
						Diarrhea (D11)	185	
						General health (A01)	160	
						Stomachache (D01)	93	
Poaceae	<i>Oryza sativa</i> L. [C] (MP-Poa-009 JHN)	Al-rôz, الروز	Seeds	Consumption, water of rice, boiled, soaked, cooked with milk / Oral, external use	Edible	Diarrhea (D11)	366	541
						General health (A01)	151	
						Hair care (S24)	145	
						Lighten the complexion (S29)	169	
Poaceae	<i>Panicum miliaceum</i> L. [C] (MP-Poa-010 J)	Sorgho, سورغو	Seeds		Fodder for livestock, Edible			103
Poaceae	<i>Panicum turgidum</i> Forssk. [S] (MP-Poa-011 J) <sup>2,4</sup>	Zaymo *, زايمو Tafoust *, تافوست	Whole plant		Good fodder for horses			92
Poaceae	<i>Sorghum halepense</i> (L.) Pers. <i>Sorghum bicolor</i> (L.) Moench [C] (MP-Poa-012 J)	Dra rqiqa, ذرة رقيقة	Seeds		Edible, fodder for livestock			43
Poaceae	<i>Stipa tenacissima</i> L. [S] (MP-Poa-013 J)	L-helfa, الحلفة	Roots	Grind, mixed with leaves of jujube and boiled / Oral		Diabetes (T90)	64	211
						Kidney lithiasis (U14)	133	



						Weight loss (T08)	91	
Poaceae	<i>Triticum aestivum</i> L. <i>Triticum Triticum durum</i> Desf. [C] (MP-Poa-014 JHN) <sup>1,2,7,8</sup>	Tahin Fors, طحين الفورص Lfarina, فرينة l-gemh, القمح Imndi *, إمندي ΞΠΙΛΞ	Seeds	Consumption, grind, compress / Oral, external use	Edible	Burn (S14)	66	408
						Constipation (D12)	126	
						General health (A01)	122	
						Stomachache (D01)	67	
Poaceae	<i>Zea mays</i> L. [C] (MP-Poa-015 JHN) <sup>1,2,3</sup>	Ad-Dora, الذرة Izumbiyan *, إزومبيان ΞΖ:ΓΘΞ αη Asangar *, أسنجار ⊙⊙α⊙⊙ Azumbi *, أزومبي ⊙Ζ:ΓΘΞ	Seeds, ears of corn	Consumption / Oral	Edible	Anemia (B78)	60	235
						Common cold (R29)	27	
						General health (A01)	44	
Polygonaceae	<i>Rumex acetosa</i> L. <i>Rumex crispus</i> L. <i>Rumex pulcher</i> L. <i>Rumex vesicarius</i> L. [S] (MP-Pol-001 JN)	Hummayda, حميضة	Whole plant	Women sit on this plant in the Hammam / Oral, external use	Edible, fodder for livestock	Infertility (W15)	36	138
Portulacaceae	<i>Portulaca oleracea</i> L. [S] (MP-Por-001 JH) <sup>1,2,4,8</sup>	Rejla, الرجلّة Darztche *, دارزتش Ξ⊙Ζ+⊕	Whole plant	Cooked, consumption / Oral	Edible	Bowel movements (D18)	109	335
						Gout (T92)	76	
						Kidney lithiasis (U14)	104	
						Stomachache (D01)	70	
Pteridaceae	<i>Adiantum capillus-venenis</i> L. [S] (MP-Pt-001 J)	Quzbûrat l-bîr, فزبرة البير	Whole plant, leaves, stems	Infusion / Oral	Fodder for livestock	Stomachache (D01)	35	78

Pteridaceae	<i>Pteris aquilina</i> (L.) Kuhn [S] (MP-Pt-002 JHN) <sup>2,4</sup>	Farsiwa, فريسة ዘ.ዐ.ዐ.፩.፪. Afar oussiwan, أفر أوسيوان (means eagle wings) ዐ.ዘ.ዐ.ዐ.፩.፪. Sarsakh, سرخس Khenchar *, خنشار			Decorative plant			110
Ranunculaceae	<i>Adonis aestivalis</i> L. <i>Adonis annua</i> L. [S] (MP-Ra-001 H) <sup>1,2,4</sup>	Thawsissent *, ثاوسيسنت X.፲.፩.፪.፫.፬.						20
Ranunculaceae	<i>Clematis flammula</i> L. <i>Clematis vitalba</i> L. [S] (MP-Ra-002 J)	Nar l-barda, نار الباردة	Leaves	Trituration / Cataplastm		Burn (S14)	42	44
Ranunculaceae	<i>Nigella sativa</i> L. <i>Nigella damascena</i> L. <i>Nigella arvensis</i> L. [CI] (MP-Ra-003 JHN)	Sanûj, ساتوج Habba es-sawda, حبة السوداء	Seeds	Consumption, powder, mixed with honey, mixed with <i>Coix lacryma-jobi</i> L. and boiled, mixed with milk / Oral	Condiment, in the case of abused use, it's toxic.	Cancer (A79) Diabetes (T90) For all diseases except death (A29) General pain (A29) Joint pain (L20) Rheumatism (L99) Vein problems (K29) Warms the body (A29)	84 48 88 132 60 58 62 39	404
Resedaceae	<i>Reseda luteola</i> L. [S] (MP-Re-003 H) <sup>1,2,4</sup>	Yezmar *, يزمار ፩.፪.፫.፬.						38
Rhamnaceae	<i>Rhamnus alaternus</i> L. [S] (MP-Rh-001 J)	Mlîles , مليلس	Barks	Decoction / Oral	Edible	Anemia (B87) Asthma (R96)	51 37	119

						Blood toxins (B04)	29	
						Hepatitis (D97)	53	
						Loss of appetite (T03)	64	
Rhamnaceae	<i>Ziziphus lotus</i> (L.) Lam. [S] (MP-Rh-002 JHN) <sup>1,2,3,4,6,7</sup>	Sedra, السدرة Nnbeg, نبق Azad *, آزاد ◦✱◦Λ Tazuggwart, تزكورت †◦✱◦××Λ◦◦+	Leaves, fruits	Powder, consumption / Oral	Edible, against demoniac possession Honey of the <i>Ziziphus lotus</i> L. is one of the best., for Roquia boil an odd number of leaves	Abdominal pain (D01)	94	288
						Bladder weakness (U05)	37	
						Bowels movement (D18)	29	
						Corn at feet (S20)	51	
						Liver diseases (D97)	44	
Rosaceae	<i>Crataegus monogyna</i> Jacq. <i>Crataegus monogyna</i> var. <i>lasiocarpa</i> (Lange) K. I. Chr. [S] (MP-Ro-001 H)	Âdmâm, أدمام	Fruits	Consumption / Oral	Edible	Diarrhea (D11)	107	172
Rosaceae	<i>Cydonia oblonga</i> Mill. [C] (MP-Ro-002 JHN)	Sferjel, السفرجل Takthuna, تاكتونة †◦✱×!◦	Fruits		Edible	Diarrhea (D11)	84	148
						Excessive thirst (T01)	29	
						Stomachache (D01)	66	
						Liver diseases (D97)	62	
Rosaceae	<i>Malus domestica</i> Borkh. [C] (MP-Ro-003 JHN) <sup>1,2,5,7,8</sup>	Tefâh, التفاح Adhaffu *, أصفو ◦◦◦✱◦	Fruits, fruit peel	Vinegar, decoction, infusion (add vinegar to some lukewarm water) / Oral		Indigestion (D07)	35	152
						Kidney lithiasis (U14)	90	

Rosaceae	<i>Prunus armeniaca</i> L. [C] (MP-Ro-004 JH) <sup>1,2,7,8</sup>	Mechmach, مَشْمَاش Rmechmach *, رْمَشْمَاش ⲠⲚⲚⲟⲩ	Almonds, fruits, seeds	Chew, consumption / External use, oral	Edible	Breast cancer (X76)	8	139
						Cancer (A79)	32	
						Facial brown spots (S08)	29	
						Facial spots (S29)	27	
						Melasma (S08)	23	
Rosaceae	<i>Prunus avium</i> (L.) L. <i>Prunus cerasus</i> L. [C] (MP-Ro-005 JHN) <sup>1,2</sup>	Habb l-mlouk, حب الملوك أردليم *, ⲠⲚⲚⲟⲩ	Fruits, branches	Infusion, consumption / Oral	Edible	Asthma (R96)	31	154
						Gout (T92)	69	
Rosaceae	<i>Prunus domestica</i> L. [C] (MP-Ro-006 JH)	Barqouq, بَرْقُوق Baqoq, بَقُوق ⲠⲚⲚⲟⲩ	Fruits		Edible	Constipation (D12)	13	94
Rosaceae	<i>Prunus dulcis</i> (Mill.) D. A. Webb [C] (MP-Ro-007 JHN) <sup>2,6,7</sup>	Louz mor, لُوز مر Ajouz *, ⲠⲚⲚⲟⲩ Assmoum *, أَسْمُوم, (Almonds that have not yet matured), اللوز لي باقي ما طابش ⲠⲚⲚⲟⲩ	Almonds	Chew, consumption, oil, almonds that have not yet matured mixed with the hay and exposed the sun during 2 days / External use, oral	Edible, cosmetic, useful for livestock	Beautifies the skin (S29)	81	350
						Brown spot (S29)	52	
						Diabetes (T90)	97	
						Hair care (S24)	134	
						Melasma (S08)	38	
						Weakness (A04)	144	
Rosaceae	<i>Prunus persica</i> (L.) Stokes [C] (MP-Ro-008 JHN) <sup>2,7</sup>	Khûkh, الخوخ Afersghu *, أْفَرْسَغُو ⲠⲚⲚⲟⲩ	Fruits, seeds,leaves	Consumption, dry, grind, decoction / Oral, cataplasm	Edible	Breast cancer (X76)	22	193
						Cancer (A79)	81	
						Worms (D96)	28	
Rosaceae	<i>Pyrus communis</i> L. [C]	Bû-'wid, بُوْعُوَيْد Firas, فِيرَاس	Fruits	Consumption / Oral	Edible	Abdominal pain (D01)	59	243

	(MP-Ro-009 JHN)	ᲠᲞᲟᲟ Rifirass, رفيراس ᲐᲠᲞᲟᲟ					Hypertension (K86)	52	
							Joint inflammation (L20)	34	
							Rheumatism (L99)	17	
Rosaceae	<i>Rosa canina</i> L. [S] (MP-Ro-010 H)	Tighfert, تغفرت ᲠᲞᲟᲟᲟᲟ							49
Rosaceae	<i>Rosa x centifolia</i> L. <i>Rosa x damascena</i> Mill. [C] (MP-Ro-011 JHN)	Werd beldi, الورد البلدي	Flowers, petals	Infusion, spray the head and the socks, put a cotton ball soaked in rose water on your face at night before going to sleep, decoction, mixed with Hennah, filtration / Oral, external use, ear drops, eye drops	Cosmetic use It's used in the preparation of flower water (Ma- zher)		Bowels movement (D18)	95	466
							Constipation (D12)	51	
							Earache (H01)	45	
							Eye pain (F01)	33	
							Fever (A03)	400	
							Hair loss (S23)	28	
							Tones the skin (S29)	89	
Rosaceae	<i>Rubus ulmifolius</i> Schott. [S] (MP-Ro-0012 JH) <sup>1,2,3,4,7</sup>	L-'liq, العليق أخشاب *, Akhechab ᲐᲠᲞᲟᲟᲟ Tabgha, تابغا ᲠᲟᲟᲟ	Fruits			Edible			152
Rubiaceae	<i>Rubia peregrina</i> L. <i>Rubia tinctoria</i> L. [S] (MP-Rub-001 J)	Fuwwa, فوة	Whole plant	Decoction / Oral			Anemia (B78)	69	82
							Cholesterol (T93)	47	
Rutaceae	<i>Citrus × aurantium</i> L. [C]	Er-renj, الرنج	Fruits, flowers	Infusion, juice mixed with honey and lukewarm	Edible, jam, used in the preparation		Asthma (R96)	64	372

	(MP-Rut-001 JHN) <sup>1,2,3,7</sup>	Lqaras *, لقراص ⚔⓪⓪⓪		water, mixed with olive oil and honey / Oral	of flower water (Ma-zher)	Common cold (R29)	51	
						Diabetes (T90)	58	
Rutaceae	<i>Citrus x sinensis</i> (L.) Osbeck [C] (MP-Rut-002 JHN)	لتشين, Letsîn, نوار البرتقال, Nouar l-bortoqal, نوار البرتقال	Fruits, flowers, barks	Friction, juice, infusion, compress, cut it and placed around the head	Edible, juice, used in the preparation of flower water (Ma-zher), aromatic, jam, condiment	Cough (R05)	224	486
						General health (A29)	46	
						Heat stroke sun (A29)	61	
						Refreshing (A29)	109	
						Sunburns (S80)	69	
						Tones the skin (S29)	72	
Rutaceae	<i>Citrus x limon</i> (L.) Burm. fil. <i>Citrus x</i> <i>aurantiifolia</i> (Christm.) Swingle [C] (MP-Rut-003 JHN) <sup>1,2,3,7,8</sup>	الليمون, Al-laimoin, الليم, Al-lim, الحامض, L-Hamed, أركاس *, Arkas *, ⓪⓪⓪⓪	Fruits, flowers	Infusion, mixed with olive oil and honey, juice with hot water, juice with honey, friction / External use, oral	Edible, juice	Body toxins (A29)	136	382
						Common cold (R29)	432	
						Dandruff (S24)	50	
						Gallbladder problem (D29)	82	
						Itching (S29)	26	
						Weight loss (T08)	176	
Rutaceae	<i>Ruta montana</i> L. <i>Ruta chalepensis</i> L. [S] (MP-Rut-004 H)	أورم, Aourem, ⓪⓪⓪⓪	Leaves	Friction / External use	Against Jinn	Bladder complaint (U13)	33	58
						Rheumatism (L99)	28	

						Scorpion stings (S12)	12	
Salicaceae	<i>Populus alba</i> L., <i>Populus nigra</i> L., <i>Populus euphratica</i> Olivier [S] (MP-Sali-001 JHN)	Sefsaf, صفصاف	Leaves, limbs	Boil it and passed in the house, decoction, friction / External use, inhalation, oral	Purifies the area	Common cold (R29)	29	183
						Hair care (S24)	45	
salicaceae	<i>Salix alba</i> L., <i>Salix purpurea</i> L. [S] (MP-Sali-002 J)	Ou'd lma, عود الما	Leaves	Decoction / Oral		Bowels movement (D18)	15	23
Salvadoraceae	<i>Salvadora persica</i> L. [I] (MP-Salv-001 JHN)	Siwak, سواك	Roots	Chew at the end and then brush the teeth, soaked in water with lemon to prevent the gingiva from taking a reddish color that tends to the black, brush / External use	Use as a toothpick	Bad breath (D20)	97	337
						Strengthen the gums (D19)	86	
						Whitened teeth (D19)	321	
Schisandraceae	<i>Illicium verum</i> Hook. fil. [I] (MP-Sch-001 JHN)	'roq Al Najm, عروق النجم أز مِير , Azmir, ۰✱☐☒O Al Najm, النجم	Fruits	Infusion / Oral	Condiment, in some street food dishes, vendors use it to flavor snails, aromatic	Allergy (A92)	23	222
						Bad breath (D20)	37	
						Coldness (A29)	26	
						Colic (D01)	84	
						Cystitis (U71)	52	
						Indigestion (D07)	69	
Scrophulariaceae	<i>Verbascum sinuatum</i> L. [S] (MP-Sc-001 H) <sup>1,2,3,4,8</sup>	Igangan *, إجنجان ☒☒☒☒☒	Leaves	Trituration / External use		Acne (S96)	13	49

Solanaceae	<i>Capsicum frutescens</i> L. [C] (MP-So-001 JHN)	Felfel hârr, فلفل حار	Fruits	Consumption / Oral	Condiment	Headache (N01)	63	204
						Loss of appetite (T03)	175	
Solanaceae	<i>Hyoscyamus albus</i> L. <i>Hyoscyamus niger</i> L. [S] (MP-So-002 JN)	Benj, بنج Bû-Irjouf, بولرجوف Θ%WOI%H	Whole plant	Trituration / Cataplasm		Pus (S29)	22	145
						Sedative (A29)	104	
Solanaceae	<i>Lycium schweinfurthii</i> Dammer <i>Lycium barbarum</i> L. [S] (MP-So-003 H)	Izarki, إزركي ε%Ο%ε	Fruits		Edible			27
Solanaceae	<i>Mandragora officinarum</i> L. [S] (MP-So-004 H) <sup>2,3,8</sup>	Toffâh el-'ichq *, تفاح العشق	Roots	Placed on the infection / External use	Contact with water inside this plant can cause blindness	Acne (S96)	28	34
						Infectious disease (A78)	30	
						Tumors (A29)	13	
Solanaceae	<i>Solanum lycopersicum</i> L. [C] (MP-So-005 JHN)	Maticha, مطيشة Tumatich, طوماتيش †%C%+ε%G	Fruits	Friction / External use	Edible	Acne (S96)	157	458
						Lighten the complexion (S29)	210	
						Refreshing (A29)	66	
						Remove all impurities from the face (S29)	37	
						Sunburns (S80)	36	
Solanaceae	<i>Solanum melongena</i> L. [C] (MP-So-006 JHN) <sup>1,2,7</sup>	Brâniya, البرانية Bodanjale, بودنجال Θ%Λ%I%W Thadanjalt *, ثادنجالث%Λ%I%W†	Fruits	Roasted, cooked, dry, grind, mixed with honey / Oral, cataplasm	Edible	General health (A01)	38	420
						Hemorrhoid (K96)	16	
						Stomachache (D01)	51	



Solanaceae	<i>Solanum nigrum</i> L. [S] (MP-So-007 JH)	‘ineb ed-dîb, عنب الذئب بوبكنينا , Bobknina , Θ°Θ°ΖΙΞΙ◊ Adir N’wuchan , أدير نوشن ◊Λξ◊ ΙΙ◊◊◊◊	Fruits, leaves, berries	Infusion / Oral	Edible	Coldness (A29)	26	48
						Hepatitis A (D72)	14	
Tamaricaceae	<i>Tamarix africana</i> L. [S] (MP-Ta-001 H)	Tammayt, تماييت †◊◊◊◊†						23
Thymelaeaceae	<i>Aquilaria malaccensis</i> Lam. [I] (MP-Th-001 JHN)	l-‘ûd l-qmârî, عود القماري Agharas, أغراس ◊X◊◊◊◊	Stems, barks	Decoction, fumigation / Oral, inhalation	Perfumes the air	Cancer (A79)	16	168
Thymelaeaceae	<i>Daphne gnidium</i> L. [S] (MP-Th-002 JHN) <sup>1,2,3,4,7</sup>	Lezzâz, لزاز ◊◊◊◊◊◊ âlezzâz, ألزاز ◊◊◊◊◊◊ Azzaz, أزاز◊◊◊◊◊◊ Tomatich ghaday (mouse tomato) *, طوماطيش غذاي †◊◊◊◊+ξ◊ X◊◊◊◊ Methnân, مثنان ◊◊◊◊◊◊	Leaves	Grind, dry, cooked / Cataplasm	Make hair look straighter, used as Henna	Dental pain (D19)	43	190
						Diabetes (T90)	67	
						Hair loss (S23)	24	
Urticaceae	<i>Urtica pilulifera</i> L. <i>Urtica dioica</i> L. <i>Urtica urens</i> L. [S] (MP-Ur-001 JHN) <sup>1,2,3,4,6,7</sup>	l-Hurrayqa, l- hurrîga, الحريقة Harrâqa, حرافة Tagzine, تاجزين †◊X◊◊◊◊ Thagzinte *, ذاكزينت ◊◊◊◊X◊◊◊◊ Dhazinet *, ذزينت ◊◊◊◊X◊◊◊◊	Leaves, whole plant	Consumption / Oral	Edible, against lactation problem of cows	Hemorrhoids (K96)	47	439
						Hypertension (K86)	89	
						Lactation problem (W19)	63	

Verbenaceae	<i>Aloysia citrodora</i> Palau [C] (MP-Ve-001 JHN)	Lwîza, لوية, 𐄀𐄁𐄂𐄃	Leaves	Infusion / Oral	Drink	Calm the babies (P29)	81	532
						Relaxes the neurons (N29)	140	
						Sleep disturbance (P06)	250	
						Stress (P02)	368	
Vitaceae	<i>Vitis vinifera</i> L. [C] (MP-Vi-001 JHN) <sup>1,2,7,8</sup>	Dâlya, الدالية, 'ineb or Le'neb العنب Zabîb, الزبيب Waraq Al Daliya, ورق الدالية Tizwine* , تزوين 𐄄𐄅𐄆𐄇 (tree) Adire , أضير , 𐄈𐄉𐄊 (fruit)	Fruits, leaves	Consumption, fresh, dry, juice, mixed / Oral, cataplastm		Constipation (D12)	274	359
						Furuncle (S10)	64	
						Loss of focus (P20)	125	
						Memory disturbance (P20)	324	
						Sunburn (S80)	37	
						Vertigo (N17)	19	
Zingiberaceae	<i>Curcuma longa</i> L. [I] (MP-Zi-001 H)	L-Kharqoum, الخرقوم	Rhizomes	Mixed	Condiment, hair dye			97
Zingiberaceae	<i>Elettaria cardamomum</i> (L.) Maton <i>Elettaria major</i> Smith [I] (MP-Zi-002 JN)	Qa'qola, قعقعة	Fruits, seeds	Infusion / Oral	Aromatic, condiment, mixed with tea or coffee	Bowels movement (D18)	41	279
						Hormonal problem (T99)	49	
Zingiberaceae	<i>Zingiber officinale</i> Rosc [I] (MP-Zi-003 JHN)	Skenjbîr, سكنجبير	Rhizomes	Infusion, powder, fresh, mixed, oil, dry, compress / Oral, cataplastm, external use, put it in socks	Aromatic Condiment Mixed with coffee or tea	Articular pain (L29)	63	634
						Coldness (A29)	173	
						Common cold (R29)	398	

						Gas (D08)	181	
						Menstruation irregular (X07)	56	
						Hormonal problem (T99)	51	
						Joint pain (L20)	98	
						Sciatica (L86)	76	
						weight loss (T08)	188	

