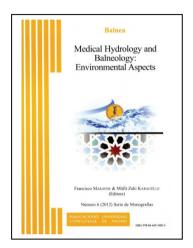
In my opinion, this book is essential for anyone who wants to understand Granada's medical mineral waters and its history.

Francisco Maraver Eyzaguirre



Maraver F & Karagulle MZ. Medical Hydrology and Balneology: Environmental Aspect. Balnea, núm 6. Madrid, Publicaciones UCM, 2012, 465 pp. ISBN 978-84-669-3482-4

http://revistas.ucm.es/index.php/ANHM/issue/view/2272/showToc

This monography of the Anales de Hidrología Médica de la Universidad Complutense de Madrid titled Medical Hydrology and Balneology: Environmental Aspects, is entirely dedicated to the 38th World Congress of the International Society of Medical Hydrology and Climatology, celebrated in Lanjarón, Granada on the 20 to 23rd of June, 2012.

The first thirty five pages of the total 465 pages have all the information on the different committees; honorific, organizer and scientific, the program of the congress, the various presidents' messages and the titles and authors of the many oral presentations and posters.

The oral sessions of the Congress were dedicated to The State of Art, Climatotherapy, Thalassotherapy, Dermatology, Health Benefit, Dead Sea Climatotherapy, Scientific Investigation Methodology, Drinking Cures, Mud The-rapy, Sustainable Health Tourism, Biology, Dermo-Cosmetological Issues and Miscellaneous. The Société Française de Médicine Thermale, the Sociedad Española de Hidrología Médical and the Consejería de Termalismo del Ayuntamiento de Ourense also had their own particular sessions.

Two poster sessions dedicated to Biology, New Trends, Drinking mineral waters, Mud Therapy, Climatotherapy, Thalassotherapy and Dermo-cosmetological issues and Miscellaneous took place.

Balnea 6 contains the summaries of all the papers presented including a complete author Index prepared by professor Francisco Maraver. Forty six lectures, 82 papers and 74 posters were presented by assistants to the congress coming from 22 countries, of which 68 papers came from Spanish and 25 from French authors; with a total of 476 signatures on the different papers.

The organization of this conference was made possible by the enthusiastic dedication of a team composed primarily of members of the Chair and Professional School of Medical Hydrology and Hydrotherapy at the Complutense University of Madrid and the Spanish Society of Medical Hydrology. Moreover, the Organization had economic and scientific support from both private and public institutions like: Lanjarón Hotel and Spa, Font Vella and Lanjarón Water SA, PRIN SA, ANBAL, ANEABE, Tribuna Termal and Spa World among the first, and the Hydrotherapy Association of Andalusia, Thermalisms Observatory, Ourense City Council, Lanjarón City Council, IMPROTUR, Expourense, Termatalia Peru 2012, IGME and the Mediterranean Centre of the University of Granada from the second group.

As a summary of the congress, we can say that there were a total of 238 registrations from 26 countries, of which 191 were congressmen and 47 companions.

At the social level the congressmen expressed their satisfaction for the ideal place for the conference, the Lanjaron Hotel Spa, and for the special attentions received from the staff of the establishment as well as for the visit to the Alhambra in Granada and other acts included for entertainment.

Francisco Armijo Castro



Albornoz M, Meroño J. Procedimientos generales de fisioterapia. Práctica basada en la evidencia. Barcelona: Elsevier; 2012, 276 pp. ISBN 978-84-8086-821-1

http://www.elsevier.es/es/libros/procedimientos-generales-defisioterapia-9788480868211